Valley VNA Menu

Week of July 15, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7/15/2018	7/16/2018	7/17/2018	7/18/2018	7/19/2018	7/20/2018	7/21/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Omelet	Scrambled Eggs	Oatmeal or	Pancakes	Omelets	Cereal
Toast	Toast	Toast	Cold Cereal	Syrup	Toast	Toast
Banana	English Muffin	Bacon	Toast	Bacon	English Muffin	English Muffin
	Oranges	Mixed Fresh Fruit	Banana	Blueberries	Banana	Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Catalina Cranbry	Mostaccioli	Roast Beef	Bratwurst	BBq Chicken	Baked Haddock	Chicken Alfredo
Chicken	w/Meat Sauce	Ms Potato/Gravy	on a Bun	Baked Pot/SC	Lemon/Tartar	w/ Veg
Baked Potato/SC	Broccoli	Glazed Carrots	Macaroni Salad	Cauliflower w/ Chz	Bu Potato Slices	Garlic Bread
Corn	Garlic Bread	Wheat Bread	Sauerkraut	Cranberry Jell	String Beans	Cranberry Jell
Cran Jell	Ice Cream Sundae	Berry Mix	Cherry Chip Cake	Wheat Bread	Rye Bread	Fresh Fruit Mix
Wheat Bread				Banana Crm Pie	Trop Crm Chz Bar	
Coconut Cream Pie						
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Minestrone Soup	Pizzaburger	Shrimp Salad	Cream of	Sloppy Jo's	Chicken Noodle	Turkey Salad
Turkey Sandwich	on a WG Bun	on Let Leaf	Potato Soup	on a Bun	Soup	on a Let Leaf
Let/Tom/Mayo	Coleslaw	Roll	Grilled Ham & Swiss	Celery Stix/Dip	Open Faced Tom,	Tomato Slices
Peach Slices	Pineapple	Watermelon	on Rye	Cantaloupe	Bacon & Cheese	Roll
Vanilla Pudding	Choc Chip Bar	Vanilla Cake	Tropical Fruit	Jello & Cream	Fruit Cocktail	Oranges
			Cookie		Cookie	Ice Cream Treat

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!