

# Valley VNA Menu

## Week of July 29, 2018

**FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED**

Sunday 7/29/2018	Monday 7/30/2018	Tuesday 7/31/2018	Wednesday 8/1/2018	Thursday 8/2/2018	Friday 8/3/2018	Saturday 8/4/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast Sausage Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Oatmeal or Cold Cereal Toast Breakfast Fruit	Orange Juice Blueberry French Toast Bake Sausage Banana	Orange Juice Cheese Omelet Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Turkey Baked Swt Pot Broccoli/Caulif Mix Wheat Bread Strawberries	Salmon Lemon/Tartar Red Bliss Potato Cheesey Corn Rye Bread Blueberry Pie	Roast Pork Pars. Bu Potatoes Brussel Sprout mix Wheat Bread Apple Cobbler	BBq Chicken Baked Potato/SC Mixed Greens/Drsg Wheat Bread Strawberry Pie	Beef Short Ribs Ms Potato/Gravy Dc Tomatoes Wheat Bread Ice Cream	Shrimp Parm Baked Potato Rounds Asparagus Rye Bread Lemon Bar	Chicken Kiev Bu Potato Green Bean Cass Wheat Bread Ice Cream
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Noodle Soup Cottage Cheese Fruit Plate Townhouse Crax Choc Cake	Deluxe Burger on WG Bun Let/Tom/Mayo Baked Beans Veggie Sticks/Dip Watermelon	Minestrone Pasta Salad Cheddar Cubes Crackers Mango Cookie	Chili Dog on a Bun Ket/Must/Pickle Pea & Cheese Salad Peaches Confetti Cake	Turkey BLT Sandwich Carrot Raisin Salad Pears Pumpkin Bar	Tomato Soup Grilled Cheddar Cheese Fruit Salad Cookie	Tuna Salad Sand on WG Bun Let/Tom 3-Bean Salad Pineapple Ice Cream

**ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.**

**Meals may vary based on dietary needs. Menus are subject to change without notice!**