Valley VNA Menu Week of July 8, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7/8/2018	7/9/2018	7/10/2018	7/11/2018	7/12/2018	7/13/2018	7/14/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Eggs	Omelets	Cream of Wheat or	Cheezy Pot & Chive	Hard Boiled Egg	Cereal
Toast	Toast	Toast	Cold Cereal	Egg Bake	Toast	Toast
Banana	Peanut Butter	Raspberries	Banana Bread	English Muffin	Peanut Butter	English Muffin
	Banana		Blueberries	Banana	Banana	Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Tips	Beer Battered Fish	Baked Chicken	Beef Short Ribs	Roast Turkey	Perch	Roast Beef
over Rice	Lemon/Tartar	Dumplings/Gravy	Baked Potato/SC	Rice Pilaf	Lemon/Tartar	Red Bliss Ms Pot
Lettuce Salad	Baked Pot/SC	Green Beans	Mixed Greens	Broccoli	Potato Salad	Fresh Ckd Carrots
Wheat Bread	Mix Vegetables	Wheat Bread	Wheat Bread	Cranberry Jell	Cole Slaw	Wheat Bread
Cherry Pie	Rye Bread	Strawberries & Crm	Confetti Cake	Wheat Bread	Rye Bread	Vanilla Pudding
	Ice Cream			Glazed Pineapple	Key Lime Pie	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Egg Salad	Deluxe Burger	BBq Pork	Hot Dog	Ham & Cheese	Tomato Soup	Chicken Salad
on a Bun	on a Bun	on a Bun	on a Bun	On a Hawaiian Bun	Grilled Cheese	on a Bun
Let/Tom	Let/Tom/Mayo	Cole Slaw	Ket/Must/Pickles	String Beans	Sandwich	Let/Tom Slices
Apricots	Ket/Must/Pickles	Applesauce Cup	Baked Beans	Tropical Mix	Fruit Cocktail	Oranges
Brownie	Carrot Sticks	Ice Cream Bar	Peach Mix	Tapioca Pudding	Cookie	Ice Cream
	Pineapple		Mousse			
	Cookie					

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!