

# Valley VNA Menu

## Week of August 12, 2018

**FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED**

<b>Sunday</b> 8/12/2018	<b>Monday</b> 8/13/2018	<b>Tuesday</b> 8/14/2018	<b>Wednesday</b> 8/15/2018	<b>Thursday</b> 8/16/2018	<b>Friday</b> 8/17/2018	<b>Saturday</b> 8/18/2018
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Biscuits Bacon Banana	Orange Juice Cheese Omelet Toast English Muffin Banana	Orange Juice Oatmeal or Cold Cereal Toast Blueberries	Orange Juice French Toast Syrup Bacon Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Cereal Toast Oranges
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Roast Beef Stuffing Mixed Greens Wheat Bread Choc Cream Pie	Roast Pork Ms Potato/Gravy Peas & Carrots Wheat Bread Apple Cobbler	Meatloaf Baked Potato/SC Corn Wheat Bread Apricot Fruit Salad	Spaghetti w/ Meat Sauce Mix Greens/Drsg Garlic Bread Marble Cake	Chicken Stir Fry w/ Rice & Veggies Roll Pecan Pie	Baked Haddock Lemon/Tartar Baked Yams Asparagus Rye Bread Banana Cake	Baked Chicken Ms Potato/Gravy Mixed Greens Wheat Bread Ice Cream Sundae
<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>
Ham Sandwich on a Bun Lettuce & Tomato Slice String Bean Salad Peach Slices Choc Chip Bar	Chicken Salad on Wheat Bread Lettuce/Tomato Veggie Sticks/Dip Strawberries Jello	Chicken Noodle Soup Crab Salad on Lettuce Leaf Roll Pineapple Cup Cookie	Beef Fajita Sandwich on Hoagie Broccoli Florets Mango Mix Ice Cream	Pizzaburger on a Bun Pickles Baked Beans Oranges Choc Pudding	Tomato Soup Grilled Cheese Fruit Cocktail Cookie	BBq Pork Sandwich on a Bun Carrots Apple Jello Mold Coconut Bar

**ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.**

**Meals may vary based on dietary needs. Menus are subject to change without notice!**