ValleyVNA Menu

Week of August 19, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8/19/2018	8/20/2018	8/21/2018	8/22/2018	8/23/2018	8/24/2018	8/25/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	O'Brien Eggs	Pancakes	Cream of Wheat or	French Toast	Cheese Omelet	Cereal
Toast	Toast	Syrup	Cold Cereal	Syrup	Toast	Toast
English Muffin	English Muffin	Bacon	Toast/Banana Bread	Bacon	English Muffin	English Muffin
Banana	Banana	Banana	Blueberries	Banana	Banana	Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Mostaccioli	Cod	Baked Chicken	Roast Beef	Hamloaf	Baked Haddock	Roast Turkey
Broccoli	Lemon/Tartar	Mashed Pot/Gravy	Twice Baked Potato	Scallop Potatoes	Lemon/Tartar	Dressing/Gravy
Garlic Bread	Baked Potato/SC	Carrots	Mixed Greens	Asparagus	Red Bliss Slc Pot	Beets
Blueberry Pie	Island Mix Veg	Cranberry Jell	Roll	Wheat Bread	Broccoli Slaw	Cranberry Jell
	Rye Bread	Corn Muffin	Ice Cream Sundae	Custard Pie	Rye Bread	Wheat Bread
	Cherry Cobbler	Fruit Mix			Cheesecake	Berry Mix
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Turkey Sandwich	French Onion	Macaroni & Cheese	Chicken & Rice Soup	BBq Chicken	Tomato Soup	Pizza
on Wheat	Burger	Spinach Mix Salad	Summer Sausage	on a bun	Grilled Cheese	Mixed Greens
Lettuce/Tomato/Mayo	Wheat Bun	Roll	Cheese Cubes	Broc/Caulif Salad	Fruit Cocktail	Mango
Peach Slices	Lettuce/Tomato/Pickles	Apricots	Crackers	Watermelon	Peanut Butter Bar	Ice Cream
Cookie	Snack Bag	Jello	Deviled Egg	Cookie		
	Mandarin Oranges		Strawberries w/Cream			
	Banana Pudding					

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!