Valley VNA Menu

Week of August 26, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8/26/2018	8/27/2018	8/28/2018	8/29/2018	8/30/2018	8/31/2018	9/1/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Omelets	Scrambled Eggs	Oatmeal or	Hard Boiled Egg	Omelet	Cereal
Toast	Choice of Toast	Choice of Toast	Cold Cereal	Choice of Toast	Choice of Toast	Choice of Toast
English Muffin	Bacon	English Muffin	Choice of Toast	English Muffin	Bacon	English Muffin
Banana	Banana	Blueberries	Peanut Butter	Banana	Banana	Oranges
			Raspberries			
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Tips over Rice	Beer Battered Fish	Italian Chicken	Rueben Sandwich	Roast Pork	Baked Haddock	Chicken Breast
Romaine Salad	Baked Potato/SC	Buttered Noodles	Grilled on Rye	Mashed Potatoes/Gravy	Lemon/Tartar	Stuffing
Wheat Bread	Mexi-Corn	String Beans	Potato Salad	Fresh Ckd Carrots	Baked Yam	Mixed Greens
Fresh Fruit Mix	Wheat Bread	Wheat Bread	Cucumber Salad	Wheat Bread	Keywest Veg Mix	Cranberry Jell
	Cookies 'n' Cream Pie	Pound Cake w/	Raspberry Parfait	Apple Pie	Rye Bread	Wheat Bread
		Strawberries & Cream			Raspberry Tart	White Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Salad	Tuna Mac Salad	Beef & Cheddar	Frittata	Chicken Salad with	Tomato Soup	Scalloped Potatoes
on a Croissant	on Lettuce Leaf	Slider on Bun	Roll	Pecans & Cran Raisins	Grilled Cheese	with Ham
Lettuce/Tomato	Tomato Slices	Ketchup/Pickles	Watermelon	on Lettuce Leaf	Fruit Cocktail	Mixed Greens
Pea & Cheese Salad	Fruit Mix	Broccoli/Apple Salad	Vanilla Bar	WG Roll	Cookie	Tropical Fruit
Peaches	Jello Cake	Cookie		Orange Fluff		Ice Cream
Tapioca Pudding				Ice Cream		

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!