

Valley VNA Menu

Week of September 2, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 9/2/2018	Monday 9/3/2018	Tuesday 9/4/2018	Wednesday 9/5/2018	Thursday 9/6/2018	Friday 9/7/2018	Saturday 9/8/2018
	LABOR DAY					
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast Banana	Orange Juice Scrambled Eggs Toast Peanut Butter Banana	Orange Juice Omelet with Cheese Toast Raspberries	Orange Juice Cream of Wheat or Cold Cereal Muffin Blueberries	Orange Juice Cheezy Pot&Chive Egg Bake English Muffin Banana	Orange Juice Scrambled Egg Toast Peanut Butter Banana	Orange Juice Oatmeal or Cold Cereal Toast/English Muffin Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Mashed Pot/Gravy Lettuce Salad Wheat Bread Cherry Pie	Baked Ham Baked Beans Sweet Corn Fruit Salad Wheat Bread Ice Cream Sundae	Baked Chicken Dumplings/Gravy Green Beans Wheat Bread Strawberries & Crm	Beef Short Ribs Baked Potato/SC Mixed Greens Wheat Bread Confetti Cake	Roast Turkey Rice Pilaf Broccoli Cranberry Jell Wheat Bread Glazed Pineapple	Perch Lemon/Tartar Sauce Potato Salad Cole Slaw Rye Bread Cook's Choice Pie	Roast Beef Red Bliss Mashed Pot Fresh Ckd Carrots Wheat Bread Vanilla Pudding
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Egg Salad on a Bun Lettuce/Tomato Apricots Brownie	Deluxe Burger on a Bun Lettuce/Tomato/Mayo Ketchup/Mustard/Pickles Carrot Sticks Pineapple Cookie	BBq Pork on a Bun Cole Slaw Applesauce Cup Ice Cream Bar	Hot Dog on a Bun Ketchup/Mustard/Pickles Baked Beans Peach Slices Mousse	Ham & Cheese on a Hawaiian Bun String Beans Tropical Mix Tapioca Pudding	Tomato Soup Grilled Cheese Sandwich Fruit Cocktail Cookie	Chicken Salad on a Bun Lettuce/Tomato Slices Oranges Ice Cream

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!