

Valley VNA Menu

Week of September 16, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 9/16/2018	Monday 9/17/2018	Tuesday 9/18/2018	Wednesday 9/19/2018	Thursday 9/20/2018	Friday 9/21/2018	Saturday 9/22/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast Nutella/PB Banana	Orange Juice Scrambled Eggs Toast Nutella/PB Banana	Orange Juice Omelets Toast Bacon Nutella/PB Banana	Orange Juice Cream of Wheat Or Cold Cereal Toast Nutella/PB Blueberries	Orange Juice Cheesey Egg Bake English Muffin Nutella/PB Banana	Orange Juice Scrambled Eggs Toast Bacon Banana	Orange Juice Cereal Toast or Cranberry Muffin Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Salisbury Steak Scalloped Potatoes Corn O'Brien WG Roll Cheesecake w/BB	Pollack Lemon/Tartar Sauce Baked Potato/SC Mixed Veg Rye Bread Berry Mix w/ Topp	Meatloaf Mashed Potato/Gravy Carrots Wheat Bread Jello Cake	Homestyle Chicken Red Ms Pot/Gravy Bu. String Beans Cranberry Jell Wheat Bread Fruit Salad	Pork Chop Stuffing Romaine Salad Wheat Bread Apple Pie	Baked Haddock Lemon/Tartar Sauce Cheesey Potatoes Coleslaw Rye Bread Fruit Salad	Pizza Romaine Salad w/ Dressing Fruit Salad Cherry Crm Cheese Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Beef Barley Soup Egg Salad Sandwich on a Slammer w/ Lettuce & Tomato Banana PB Krispie Bar	Chicken Legs Mashed Pot/Gravy Cranberry Jell Mango Cookie	BBq Pork on a Bun Baked Beans Mandarin Oranges Brownie	Salmon Salad Sandwich On Rye Lettuce/Tomato Snack Bag Fresh Fruit Salad Cookie	Chicken Patty on a WG Bun Lettuce/Tomato/Mayo Cranberry Jell Melon Fruit Mix Tapioca Pudding	Minestrone Soup Grilled Cream Cheese Mix on French Bread Fruit Salad Ice Cream	Chicken Salad on Wheat Lettuce/Tomato/Pickles Fruit Mix Jello w/ Whip Crm

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!