

Valley VNA Menu

Week of September 23, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 9/23/2018	Monday 9/24/2018	Tuesday 9/25/2018	Wednesday 9/26/2018	Thursday 9/27/2018	Friday 9/28/2018	Saturday 9/29/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Hard Boiled Egg Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Raspberries	Orange Juice Oatmeal or Cold Cereal Banana Muffin Blueberries	Orange Juice Omelets Toast English Muffin Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Oatmeal or Cold Cereal Toast Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Pork Roast Mashed Potatoes/Gravy Cooked Cabbage Wheat Bread Apple Crisp	Baked Haddock Lemon/Tartar Sauce Yams Broccoli Rye Ice Cream Sundae	Beef Stew Biscuit Mixed Greens Fruit Salad Cherry Pie	Salmon Lemon/Tartar Sauce Red Bliss Potatoes Mexi Corn WG Roll Confetti Cheesecake	Baked Chicken Dressing/Gravy Acorn Squash Cranberry Jello Wheat Bread Apricot Butter Pecan Cake	Shrimp Lemon/Tartar Sauce Potato Salad Kale Slaw Rye Bread Berries & Cream	Roast Turkey Mashed Potatoes/Gravy Beets Wheat Bread Fruit Mix
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hot Beef Sandwich Wheat Bun Mixed Greens Banana Raspberry Oat Bar	French Toast Syrup Bacon Oranges Tapioca Pudding	Cream of Potato Soup Hot Turkey on WG Bun Cranberry Jello Carrots Strawberries	Cream of Chicken Soup Boiled Ham Sandwich on Wheat Bun Cauliflower Salad Pineapple Cookie	Spanish Rice Mixed Greens WG Roll Peach Slices Ice Cream	Chicken Noodle Soup Grilled Cheddar Cheese Sandwich Fruit Salad Cookie	Chili Corn Muffin Cottage Cheese w/ Pinapple Rings Jello w/ Whipped Cream

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!