Valley VNA Menu

Week of September 9, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/9/2018	9/10/2018	9/11/2018	9/12/2018	9/13/2018	9/14/2018	9/15/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Omelet	Scrambled Eggs	Oatmeal or Cold	Pancakes	Omelets	Cereal
Toast	Toast	Biscuit	Cereal	Syrup	Toast	Toast
Banana	English Muffin	Bacon	Toast	Bacon	Banana	Banana
	Oranges	Banana	Raspberries	Blueberries		
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Catalina Cranberry	Roast Pork	Roast Beef	Brats on a Bun	BBq Chicken	Baked Haddock	Chicken Alfredo
Chicken	Mashed Potato/Gravy	Mashed Potato/Gravy	German Potato Salad	Baked Potato/SC	Lemon/Tartar	w/ Vegetable
Baked Potato/SC	Broccoli	Romaine Salad	Sauerkraut	Cauliflower w/Cheese	Bu Potato Slices	Garlic Bread
Corn	Wheat Bread	Wheat Bread	Cherry Chip Cake	Cranberry Jell	String Beans	Cranberry Jell
Cranberry Jell	Ice Cream Sundae	Cooks Choice Pie		Wheat Bread	Rye Bread	Fresh Fruit Mix
Wheat Bread				Custard Pie	Cream Cheese Bar	
Berry Mix						
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Minestrone Soup	Chicken Patty	Sloppy Jo's on a Bun	Cream of Potato Soup	Shrimp Salad	Chicken Noodle Soup	Turkey Salad
Hot Beef Sandwich	on a WG Bun	Celery Stix/Dip	Grilled Ham &	on Lettuce Leaf	Open Faced Tomato,	on Lettuce Leaf
on a Bun	Lettuce/Tomato/Mayo	Jello Fruit Mold	Swiss on Rye	Roll	Bacon & Cheese	Tomato Slices
Peach Slices	Coleslaw	Lemon Bar	Tropical Fruit	Watermelon	Fruit Cocktail	Roll
Vanilla Pudding	Pineapple		Cookie	Vanilla Cake	Cookie	Oranges
	Choc Chip Bar					Ice Cream Treat

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!