

Valley VNA Menu

Week of October 14, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 10/14/2018	Monday 10/15/2018	Tuesday 10/16/2018	Wednesday 10/17/2018	Thursday 10/18/2018	Friday 10/19/2018	Saturday 10/20/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Bacon Toast English Muffin Banana	Orange Juice Waffle Syrup Bacon Raspberries	Orange Juice Cereal Toast Banana Muffin Blueberries	Orange Juice Omelet Toast English Muffin Banana	Orange Juice French Toast Syrup Bacon Banana	Orange Juice Cereal Toast Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork Boiled Potato Carrots Wheat Bread Banana Cake	Baked Haddock Lemon/Tartar Sauce Baked Potato/SC Broccoli Rye Bread Blueberry Pie	Lasagna Spinach Salad Garlic Bread Angel Dessert	Sweet & Sour Chicken Stir Fry over Rice Egg Roll Pecan Pie	Meatloaf/Gravy Bu Sliced Potatoes Mixed Greens Wheat Bread Country Apple Dessert	Alaskan Pollack Lemon/Tartar Sauce Baked Potato/SC Island Veg Mix Rye Bread Strawberries	Chicken Kiev Mashed Potatoes/Gravy Peas Cranberry Jello Wheat Bread Choc Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Pot Pie Roll Orange Slices Peanut Butter Bar	BBq Beef on a WG Bun Corn Pears Ice Cream	Omelets O'Brien Potatoes Fruit Cocktail Cookie	Stuffed Green Pepper Soup Turkey Burger on a Bun Mixed Greens Fruit Mix	Chicken Stew WG Roll Cranberry Jello Banana Cookie	Minestrone Soup Grilled Cheese Fruit Salad Ice Cream	Hot Pork Sandwich on a Bun Coleslaw Applesauce Vanilla Pudding

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!