

Valley VNA Menu

Week of October 21, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 10/21/2018	Monday 10/22/2018	Tuesday 10/23/2018	Wednesday 10/24/2018	Thursday 10/25/2018	Friday 10/26/2018	Saturday 10/27/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast Banana	Orange Juice Scrambled Eggs Bacon Choice of Toast Banana	Orange Juice Hard Boiled Eggs Bacon Choice of Toast Banana	Orange Juice Hot or Cold Cereal Choice of Toast Peanut Butter Raspberries	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Omelet Choice of Toast Banana	Orange Juice Hot or Cold Cereal Choice of Toast Blueberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Baked Potato/SC Green Beans Wheat Bread Fruit Mix	Baked Haddock Lemon/Tartar Sauce Baked Sweet Potato Mixed Greens Rye Bread Ice Cream	Roast Turkey Dressing Bu Peas Wheat Bread Pumpkin Pie	Shrimp Alfredo with Pasta Romaine Salad Roll Cherry Cheesecake	Baked Chicken Mashed Potatoes/Gravy Broccoli Wheat Bread Marble Cake	Battered Cod Lemon/Tartar Sauce Baked Potato/SC Cole Slaw Rye Bread Berry Mix	Beef & Peppers Rice Mixed Greens Wheat Bread Choc Pudding
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hot Dog on a Bun Ketchup/Mustard/Pickles Corn Strawberries Chocolate Chip Bar	Hot Roast Pork Sandwich on a Bun Carrots Applesauce Pistachio Pudding	Beef Barley Soup Chicken Salad Sandwich on Bun Snack Bag Banana Cookie	Quiche Bake Romaine Salad WG Roll Orange slices Peanut Butter Bar	Pizzaburger on a Bun Baked Bean Pears Ice Cream	Chili Grilled Cheese Sandwich Fruit Cocktail Cookie	Hot Chicken & Gravy over Mashed Potatoes Carrots Fruit Mix Raspberry Parfait