

Valley VNA Menu

Week of October 28, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 10/28/2018	Monday 10/29/2018	Tuesday 10/30/2018	Wednesday 10/31/2018	Thursday 11/1/2018	Friday 11/2/2018	Saturday 11/3/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Choice of Toast English Muffin Banana	Orange Juice Omelet Choice of Toast Bacon Banana	Orange Juice Cereal Choice of Toast Peanut Butter Oranges HALLOWEEN	Orange Juice Scrambled Eggs Choice of Toast Bacon Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Cereal Choice of Toast Peanut Butter Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork Mashed Potatoes/Gravy Beets Wheat Bread Baked Apple with Rum Sauce	Beef Short Ribs Parm Baked Potatoes Cabbage Wheat Bread Cooks Choice Pie	Swedish Meatballs over Pasta Mix Greens Wheat Bread Pineapple Upside- Down Cake	Baked Flesh Lemon/Tartar Sauce Monster Tips of Toes Mixed Worts Rye Bread Yummy Mummy Pie	Homestyle Baked Chicken Stuffing Squash Wheat Bread Blueberry Cobbler	Perch Lemon/Tartar Sauce Potato Salad Cole Slaw Rye Bread Bread Pudding	Roast Turkey Stuffing Beets Cranberry Jello Wheat Bread Fruit Mix
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hot Beef on a Bun Ketchup/Pickles Green Beans Raspberries Oatmeal Cookie	Spanish Rice Mix Greens Roll Peaches Ice Cream	Chicken Ala King Biscuit Strawberries Brownie	Beef Barley Soup Shrimp Salad on Lettuce Leaf Deviled Egg Mango Roll Cookie	Pizza Mix Greens Fruit Mix Ice Cream Sundae	Chicken Noodle Soup Grilled Pepper Jack Cheese Sandwich Fruit Cocktail Cookie	Pork Burger on a Bun Baked Beans Pineapple Banana Cake

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!