

Valley VNA Menu

Week of October 7, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 10/7/2018	Monday 10/8/2018	Tuesday 10/9/2018	Wednesday 10/10/2018	Thursday 10/11/2018	Friday 10/12/2018	Saturday 10/13/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Hard Boiled Eggs Toast/Peanut Butter English Muffin Raspberries	Orange Juice Cereal Toast/Peanut Butter English Muffin Oranges	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice French Toast Syrup Bacon Banana	Orange Juice Cereal Toast/Peanut Butter English Muffin Blueberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Stuffed Green Peppers Baked Potato/SC Cauliflower Wheat Bread Choc Chip Bar	Baked Haddock Lemon/Tartar Sauce Red Bliss Potatoes Broccoli Rye Bread Peach Crisp	Salisbury Steak Mashed Potatoes/Gravy Fire Roasted Tomatoes Wheat Bread Ice Cream Sundae	Roast Turkey Stuffing/Gravy Mixed Greens Cranberry Jello Wheat Bread Tye Dye Cake	Spaghetti with Meat Sauce Mixed Greens Garlic Bread Cookies N Cream Pie	Beer-Battered Cod Lemon/Tartar Sauce Baked Potato/SC Kale Slaw Rye Bread Fruit Salad	Baked Chicken Breast Mashed Potatoes/Gravy Mixed Greens Salad Cranberry Jello Wheat Bread Cherry Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Grill Ham & Swiss on Rye Baked Beans Apricots Yellow Cake	Chicken Stew WG Roll Romaine Salad Oranges Vanilla Pudding	Chili Mango Chicken Drumsticks String Beans Cranberry Jello WG Roll Cookie	Sloppy Jo on a Bun Baked Beans Watermelon Choc Crm Square	Cream of Potato Soup Hot Pork Sandwich on Slammer Applesauce Strawberries	Chili Grilled Cheddar Cheese Sandwich Fruit Cocktail Cookie	Hamburger on WG Bun Ketchup/Mustard/Pickles Corn Raspberries Ice Cream

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!