Valley VNA Menu

Week of December 2, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12/2/2018	12/3/2018	12/4/2018	12/5/2018	12/6/2018	12/7/2018	12/8/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Eggs	Hard Boiled Eggs	Cereal	Scrambled Eggs	French Toast	Cereal
Toast	Toast	Toast/Peanut Butter	Toast/Peanut Butter	Toast	Syrup	Toast/Peanut Butter
English Muffin	English Muffin	English Muffin	English Muffin	English Muffin	Bacon	English Muffin
Banana	Banana	Raspberries	Oranges	Banana	Banana	Blueberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Stuffed Green Peppers	Baked Haddock	Salisbury Steak	Roast Turkey	Spaghetti	Beer Battered Cod	Baked Chicken Breast
Baked Potato/SC	Lemon/Tartar Sauce	Mashed Potatoes/Gravy	Stuffing/Gravy	with Meat Sauce	Lemon/Tartar Sauce	Mashed Potatoes/Gravy
Cauliflower	Red Bliss Potatoes	Fire Roasted Tomatoes	Mixed Greens	Mixed Greens	Baked Potato/SC	Mixed Greens Salad
Wheat Bread	Broccoli	Wheat Bread	Cranberry Jello	Garlic Bread	Kale Slaw	Cranberry Jello
Chocolate Chip Bar	Rye Bread	Ice Cream Sundae	Wheat Bread	Cookies N Cream Pie	Rye Bread	Wheat Bread
	Peach Crisp		Tye Dye Cake		Fruit Salad	Cherry Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Grill Ham & Swiss	Chicken Stew	Chili Mango	Sloppy Jo	Cream of Potato Soup	Chili	Hamburger
on Rye	WG Roll	Chicken Drumsticks	on a Bun	Hot Pork Sandwich	Grilled Cheddar	on WG Bun
Baked Beans	Lettuce Salad	String Beans	Baked Beans	on Slammer	Cheese Sandwich	Ketchup/Mustard/Pickles
Apricots	Oranges	Cranberry Jello	Watermelon	Applesauce	Fruit Cocktail	Corn
Yellow Cake	Vanilla Pudding	WG Roll	Choc Crm Square	Strawberries	Cookie	Raspberries
		Cookie				Ice Cream

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!