

## Valley VNA Menu

### Week of November 11, 2018

**FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED**

Sunday 11/11/2018	Monday 11/12/2018	Tuesday 11/13/2018	Wednesday 11/14/2018	Thursday 11/15/2018	Friday 11/16/2018	Saturday 11/17/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast Banana	Orange Juice Omelet Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Cereal Toast Peanut Butter Raspberries	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Bacon Eggbake Toast English Muffin Banana	Orange Juice Cereal Toast English Muffin Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Tips over Rice Corn Wheat Bread Berry Mix w/Top	Baked Haddock Lemon/Tartar Sauce Cheezy O'Brien Potatoes Broccoli Rye Blueberry Pie	Grilled Rueben Sandwich Mixed Greens Fruit Salad Ice Cream Sundae	Chicken Italian Parmesan Half- Baked Potatoes Asparagus Garlic Bread Lemon Meringue Pie	Baby Back Ribs Baked Potatoes/SC Fresh Cooked Carrots Wheat Bread Apple Crisp	Baked Cod Lemon/Tartar Sauce Potato Salad Broccoli Slaw Rye Bread Fruit Mix	Roast Turkey Mashed Potatoes/Gravy Peas Cranberry Jello Wheat Bread Banana Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Minestrone Soup Boiled Ham Sandwich on Bun Snack Bag Pears Choc Cake	French Toast Syrup Bacon Pineapple Vanilla Pudding	BBq Pork on a Bun Cole Slaw Applesauce Cookie	Philly Beef Sandwich on a Hoagie Carrots Strawberry Cup Peach Cobbler	Turkeyburger on a Bun Mayo/Tomato/Lettuce Baked Beans Tropical Fruit Jello	Minestrone Soup Grilled Pepper Jack Cheese Sandwich Fruit Cocktail Cookie	Chicken & Rice Soup Tuna Salad Sandwich on Bun Watermelon Ice Cream

**ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.**

**Meals may vary based on dietary needs. Menus are subject to change without notice!**