

Valley VNA Menu

Week of November 18, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 11/18/2018	Monday 11/19/2018	Tuesday 11/20/2018	Wednesday 11/21/2018	Thursday 11/22/2018	Friday 11/23/2018	Saturday 11/24/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Hard Boiled Egg Toast English Muffin Banana	Orange Juice Scrambled Egg Toast English Muffin Raspberries	Orange Juice Oatmeal or Cold Cereal Banana Bread Blueberries	Orange Juice Omelets Bacon English Muffin Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Oatmeal or Cold Cereal Toast Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Pork Roast Mashed Potatoes/Gravy Cabbage & Carrots Wheat Bread Apple Crisp	Chicken Cordon Bleu Bu Potato Slices Broccoli Rye Bread Ice Cream Sundae	Beef Stew Biscuit Mixed Greens Fruit Salad Cherry Pie	Salmon Filets Lemon/Tartar Sauce Red Bliss Potatoes Mexi Corn WG Roll Confetti Cheesecake	THANKSGIVING Roast Turkey Dressing Mashed Potatoes/Gravy Asparagus Cranberry Jello Fruit Salad Pumpkin Pie w/Topping	Baked Haddock Lemon/Tartar Sauce Potato Salad Cole Slaw Rye Bread Berry's & Cream	Spaghetti & Meatballs Romaine Salad Garlic Bread Fruit Mix
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hot Beef Sandwich Wheat Bun Mix Greens Banana Raspberry Bar	French Toast Syrup Bacon Oranges Vanilla Pudding	Cream of Potato Soup Taco's with Tomatoes, Sour Cream and Cheese Lettuce & Onions Carrots Strawberries	Cream of Chicken Soup Boiled Ham & Cheese Bunwich Green Beans Crushed Pineapple Cookie	Spanish Rice Mixed Greens WG Roll Peach Slices Ice Cream	Chicken Noodle Soup Grilled Cheddar Cheese Sandwich Fruit Salad Cookie	Chili Con Carne with Sour Cream and Cheese Corn Muffin Pear Half Jello with Whipped Cream

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!