

Valley VNA Menu

Week of December 16, 2018

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

| Sunday 12/16/2018 | Monday 12/17/2018 | Tuesday 12/18/2018 | Wednesday 12/19/2018 | Thursday 12/20/2018 | Friday 12/21/2018 | Saturday 12/22/2018 |
|--|---|---|---|--|--|--|
| BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST | BREAKFAST |
| Orange Juice Cereal Toast Banana | Orange Juice Scrambled Eggs Bacon Choice of Toast Banana | Orange Juice Hard Boiled Egg Bacon Choice of Toast Banana | Orange Juice Hot or Cold Cereal Choice of Toast Peanut Butter Raspberries | Orange Juice Pancakes Syrup Bacon Banana | Orange Juice Omelet Choice of Toast Banana | Orange Juice Hot or Cold Cereal Choice of Toast Blueberries |
| DINNER | DINNER | DINNER | DINNER | DINNER | DINNER | DINNER |
| Roast Beef Baked Potato/SC Green Beans Wheat Bread Fruit Mix | Baked Haddock Lemon/Tartar Sauce Baked Sweet Potatoes Mixed Greens Rye Bread Ice Cream | Roast Turkey Dressing Bu Peas Wheat Bread Pumpkin Pie | Shrimp Alfredo w/ Pasta Romaine Salad Roll Cherry Cheesecake | Baked Chicken Mashed Potatoes/Gravy Broccoli Wheat Bread Marble Cake | Battered Cod Lemon/Tartar Sauce Baked Potato/SC Cole Slaw Rye Bread Berry Mix | Beef & Peppers Rice Mix Greens Wheat Bread Chocolate Pudding |
| SUPPER | SUPPER | SUPPER | SUPPER | SUPPER | SUPPER | SUPPER |
| Hot Dog on a Bun Ketchup/Mustard/Pickle Corn Strawberries Chocolate Chip Bar | Hot Roast Pork Sandwich on Bun Carrots Applesauce Pistachio Pudding | Beef Barley Soup Chicken Salad Sandwich on Bun Snack Bag Banana Cookie | Quiche Bake Romaine Salad WG Roll Orange Slices Peanut Butter Bar | Pizzaburger on a Bun Baked Bean Pears Ice Cream | Chili Grilled Cheese Sandwich Fruit Cocktail Cookie | Hot Chicken & Gravy over Mashed Potatoes Carrots Fruit Mix Raspberry Parfait |

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!