

## Valley VNA Menu

### Week of December 9, 2018

**FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED**

Sunday 12/9/2018	Monday 12/10/2018	Tuesday 12/11/2018	Wednesday 12/12/2018	Thursday 12/13/2018	Friday 12/14/2018	Saturday 12/15/2018
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Bacon Toast English Muffin Banana	Orange Juice Waffle Syrup Bacon Raspberries	Orange Juice Cereal Toast Banana Muffin Blueberries	Orange Juice Omelet Toast English Muffin Banana	Orange Juice French Toast Syrup Bacon Banana	Orange Juice Cereal Toast Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork Boiled Potatoes/Gravy Asparagus Wheat Bread Banana Cake	Baked Haddock Lemon/Tartar Sauce Baked Potato/SC Key West Mix Rye Bread Pecan Pie	Lasagna String Beans Garlic Bread Angel Food with Lemon Glaze	Sweet & Sour Chicken Stir Fry over Rice Egg Roll Magic Bar	Meatloaf/Gravy Mashed Potatoes/Gravy Harvard Beets Wheat Bread Triple Berry Pie	Baked Pollack Lemon/Tartar Sauce Baked Potato/SC Island Veg Mix Rye Bread Strawberries	Chicken Kiev Mashed Potatoes/Gravy Peas Cranberry Jello Wheat Bread Chocolate Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Pot Pie Roll Orange Slices Peanut Butter Bar	BBq Beef on a WG Bun Corn Pears Ice Cream	Omelets O'Brien Potatoes Fruit Cocktail Cookie	Stuffed Green Pepper Soup Bacon Burger on a Bun Carrots Fruit Mix	Ham Salad Sandwich on Rye Broccoli/Cauliflower Salad Banana Cookie	Minestrone Soup Grilled Cheese Sandwich Fruit Salad Ice Cream	Hot Pork Sandwich on a Bun Cole Slaw Vinegrette Applesauce Banana Pudding

**ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.**

**Meals may vary based on dietary needs. Menus are subject to change without notice!**