

Valley VNA Menu

Week of January 13, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 1/13/2019	Monday 1/14/2019	Tuesday 1/15/2019	Wednesday 1/16/2019	Thursday 1/17/2019	Friday 1/18/2019	Saturday 1/19/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Choice of Toast English Muffin Banana	Orange Juice Hard Boiled Egg Choice of Toast English Muffin Banana	Orange Juice Scrambled Egg Choice of Toast English Muffin Raspberries	Orange Juice Oatmeal or Cold Cereal Banana Bread Blueberries	Orange Juice Omelets Bacon English Muffin Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Oatmeal or Cold Cereal Choice of Toast Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Pork Roast Mashed Potatoes/Gravy Cabbage and Carrots Wheat Bread Apple Cobbler	Chicken Cordon Bleu Bu Potato Slices Broccoli Rye Bread Ice Cream Sundae	Beef Stew Biscuit Mixed Greens Fruit Salad Cherry Pie	Salmon Filets Lemon/Tartar Sauce Red Bliss Potatoes Mexi Corn WG Roll Confetti Cheesecake	Baked Chicken Bread Dressing Butternut Squash Cranberry Jello Wheat Bread Pumpkin Pie w/Topping	Baked Haddock Lemon/Tartar Sauce Potato Salad Cole Slaw Rye Bread Berries and Cream	Spaghetti and Meatballs Romaine Salad Garlic Bread Fruit Mix
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hot Beef Sandwich Wheat Bun Romaine Salad Banana Oatmeal Bar	Fishburger on a Bun w/Lettuce & Tartar Sauce Mixed Vegetables Oranges Vanilla Pudding	Cream of Potatoe Soup Tacos with Tomatoes, Sour Cream, Cheese, Lettuce, & Onions Strawberries with Whipped Topping	Cream of Chicken Soup Boiled Ham & Cheese Bunwich Green Beans Crushed Pineapple Cookie	Spanish Rice Romaine Salad WG Roll Peach Slices Ice Cream	Chicken Noodle Soup Grilled Cheddar Cheese Fruit Salad Cookie	Chili Con Carne w/ Sour Cream & Cheese Corn Muffin Pear Half Jello w/ Whipped Cream

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!