

Valley VNA Menu

Week of January 20, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 1/20/2019	Monday 1/21/2019	Tuesday 1/22/2019	Wednesday 1/23/2019	Thursday 1/24/2019	Friday 1/25/2019	Saturday 1/26/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot or Cold Cereal Choice of Toast English Muffin Banana	Orange Juice Scrambled Eggs Choice of Toast English Muffin Banana	Orange Juice Omelet w/Cheese Sauce Choice of Toast English Muffin Banana	Orange Juice Hot or Cold Cereal Cinnamon Swirl Toast Mixed Fresh Fruit	Orange Juice Potato Chive Egg Bake Choice of Toast English Muffin Banana	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Hot or Cold Cereal Choice of Toast English Muffin Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork Mashed Potatoes/Gravy Sauerkraut Wheat Bread Apple Cobbler	Lemon Pepper Cod Lemon/Tartar Sauce O'Brien Potatoes Green Beans w/ Bacon Dressing Rye Bread Melon Mix	Apricot Chicken Stuffing Corn Cranberry Jello Wheat Bread Coconut Cream Pie	Beef Roast Mashed Potatoes/Gravy Squash Wheat Bread Ice Cream Sundae	Chop Suey Rice Mix Greens Wheat Bread Cherry Chip Cake	Tuscan Seas Cod Lemon/Tartar Sauce Baked Potato/Sour Cream Broccoli Rye Bread Key Lime Pie	Roast Turkey Stuffing/Gravy Romaine Salad Cranberry Jello Wheat Bread Fruit Mix
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Casserole WG Roll Oranges Cookie	Hot Beef over Mashed Potatoes/Gravy Carrots Banana Vanilla Pudding	Scalloped Potatoes w/ Ham Peas Pineapple Cup Choc Cake	Turkey Tetrazini Casserole Green Beans Sweet Potato Muffin Tropical Tart	Chicken Dumpling Soup Hot Pork Sandwich on Wheat Bun Pickled Beets Apple Jello Mold w/ Topping	Tomato Soup Grilled Pepper Jack Cheese Watergate Salad Ice Cream	Chili Dog on Bun Snack Bag Peaches Cookie

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!