

## Valley VNA Menu

### Week of January 27, 2019

**FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED**

Sunday 1/27/2019	Monday 1/28/2019	Tuesday 1/29/2019	Wednesday 1/30/2019	Thursday 1/31/2019	Friday 2/1/2019	Saturday 2/2/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast/Peanut Butter English Muffin Banana	Orange Juice Hard Boiled Eggs Toast/Peanut Butter English Muffin Raspberries	Orange Juice Hot/Cold Cereal Toast/Peanut Butter English Muffin Oranges	Orange Juice Potato Chive Egg Bake Toast English Muffin Banana	Orange Juice French Toast Syrup Bacon Banana	Orange Juice Cereal Toast/Peanut Butter English Muffin Blueberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Stuffed Green Peppers Baked Potato/Sour Cream Cauliflower Wheat Bread Chocolate Chip Bar	Baked Haddock Lemon/Tartar Sauce Red Bliss Potatoes Broccoli Rye Bread Peach Cobbler	Salisbury Steak Mashed Potatoes/Gravy Fire Roasted Tomatoes Wheat Bread Ice Cream Sundae	Roast Turkey Stuffing/Gravy Mixed Greens Cranberry Jello Wheat Bread Tye Dye Cake	Spaghetti w/ Meat Sauce Mixed Greens Garlic Bread Cookies 'N Cream Pie	Beer-battered Cod Lemon/Tartar Sauce Baked Potato/Sour Cream Kale Slaw Rye Bread Fruit Salad	Baked Chicken Breast Mashed Potatoes/Gravy Mixed Greens Salad Cranberry Jello Wheat Bread Cherry Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Grilled Ham & Swiss Sandwich on Rye Baked Beans Apricots Yellow Cake	Chicken Stew WG Roll Lettuce Salad Oranges Vanilla Pudding	Chili Mango Chicken Drumsticks String Beans Cranberry Jello WG Roll Cookie	Sloppy Jo on a Bun Baked Beans Watermelon Chocolate Cream Square	Cream of Potato Soup Hot Pork Sandwich on Slammer Applesauce Strawberries	Chili Grilled Cheddar Cheese Sandwich Fruit Cocktail Cookie	Hamburger on WG Bun Ketchup/Mustard/Pickles Corn Raspberries Ice Cream

**ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.**

**Meals may vary based on dietary needs. Menus are subject to change without notice!**