

Valley VNA Menu

Week of January 6, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 1/6/2019	Monday 1/7/2019	Tuesday 1/8/2019	Wednesday 1/9/2019	Thursday 1/10/2019	Friday 1/11/2019	Saturday 1/12/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot/Cold Cereal Choice of Toast Banana	Orange Juice Omelet Choice of Toast English Muffin Banana	Orange Juice Scrambled Eggs Choice of Toast English Muffin Banana	Orange Juice Hot/Cold Cereal Choice of Toast Peanut Butter Raspberries	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Bacon Eggbake Choice of Toast English Muffin Banana	Orange Juice Hot/Cold Cereal Choice of Toast English Muffin Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Beef Tips over Rice Corn Wheat Bread Berry Mix w/Topping	Baked Haddock Lemon/Tartar Sauce Cheezy O'Brien Potatoes Broccoli Rye Blueberry Pie	Grilled Rueben Sandwich Mixed Greens Fruit Salad Ice Cream Sundae	Chicken Italian Parmesan 1/2-Baked Asparagus Garlic Bread Lemon Meringue Pie	Baby Back Ribs Baked Potato/Sour Cream Romaine Salad Wheat Bread Apple Crisp	Baked Cod Lemon/Tartar Sauce Potato Salad Broccoli Slaw Rye Bread Fruit Mix	Roast Turkey Mashed Potatoes/Gravy Peas Cranberry Jello Wheat Bread Banana Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Minestrone Soup Boiled Ham Sandwich on Bun Snack Bag Pears Chocolate Cake	French Toast Syrup Bacon Pineapple Vanilla Pudding	BBq Pork on a Bun Cole Slaw Applesauce Cookie	Philly Beef Sandwich on a Hoagie Carrots Strawberry Cup Peach Cobbler	Turkeyburger on a Bun Mayo/Tomato/Lettuce Baked Beans Tropical Fruit Jello	Minestrone Soup Grilled Pepper Jack Cheese Sandwich Fruit Cocktail Cookie	Chicken & Rice Soup Tuna Salad Sandwich on a Bun Watermelon Ice Cream

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!