

# Valley VNA Menu

## Week of February 10, 2019

**FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED**

<b>Sunday</b> 2/10/2019	<b>Monday</b> 2/11/2019	<b>Tuesday</b> 2/12/2019	<b>Wednesday</b> 2/13/2019	<b>Thursday</b> 2/14/2019	<b>Friday</b> 2/15/2019	<b>Saturday</b> 2/16/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot or Cold Cereal Toast Banana	Orange Juice Scrambled Egg Bacon Choice of Toast Banana	Orange Juice Hard Boiled Egg Bacon Choice of Toast Banana	Orange Juice Hot or Cold Cereal Choice of Toast Peanut Butter Raspberries	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Omelet Choice of Toast Banana	Orange Juice Hot or Cold Cereal Choice of Toast Blueberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Baked Potato/SC Green Beans Wheat Bread Fruit Mix	Baked Haddock Lemon/Tartar Sauce Baked Sweet Potato Mixed Greens Rye Bread Ice Cream	Roast Turkey Dressing Bu Peas Wheat Bread Pumpkin Pie	Roast Pork Mashed Potatoes/Gravy Cabbage Wheat Bread Marble Cake	<b>VALENTINES DAY</b> Beef Tenderloin Shrimp Cocktail Twice Baked Potato Broccoli Cherry Cheesecake	Battered Cod Lemon/Tartar Sauce Baked Potato/SC Cole Slaw Rye Bread Berry Mix	Beef & Peppers Rice Mix Greens Wheat Bread Chocolate Pudding
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hot Dog on a Bun Ketchup/Mustard/Pickles Corn Strawberries Chocolate Chip Bar	Hot Roast Pork Sandwich on Bun Carrots Applesauce Pistachio Pudding	Beef Barley Soup Chicken Salad Sandwich on Bun Snack Bag Banana Cookie	Bacon Tortellini Casserole Romaine Salad Roll Orange Slices Peanut Butter Bar	Pizzaburger on a Bun Baked Bean Pears Ice Cream	Chili Grilled Cheese Sandwich Fruit Cocktail Cookie	Hot Chicken & Gravy over Mashed Potatoes Carrots Fruit Mix Raspberry Parfait

**ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.**

**Meals may vary based on dietary needs. Menus are subject to change without notice!**