Valley VNA Menu

Week of February 17, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2/17/2019	2/18/2019	2/19/2019	2/20/2019	2/21/2019	2/22/2019	2/23/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Eggs	Potato Chive	Cereal	Pancakes	Scrambled Eggs	Cereal
Toast	Choice of Toast	Egg Bake	Choice of Toast	Syrup	Choice of Toast	Choice of Toast
English Muffin	English Muffin	Choice of Toast	Peanut Butter	Bacon	Bacon	Peanut Butter
Banana	Banana	Bacon	Oranges	Banana	Banana	Raspberries
		Banana				
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork	Beef Short Ribs	Baked Salmon Filet	Swedish Meatballs	Homestyle Baked Chicken	Perch	Roast Turkey
Mashed Potatoes/Gravy	Pars Bu Potatoes	Twice Baked	over Pasta	Stuffing	Lemon/Tartar Sauce	Stuffing
Beets	Cabbage	Potatoes	Mixed Greens	Squash	Potato Salad	Beets
Wheat Bread	Wheat Bread	Green Beans w/	Wheat Bread	Wheat Bread	Cole Slaw	Cranberry Jello
Baked Apple w/	Key Lime Pie	Hot Bacon Dressing	Blueberry Cobbler	Pineapple Upside Down Cake	Rye Bread	Wheat Bread
Rum Sauce		Cherry Pie			Lemon Bar	Fruit Mix
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Hot Beef on a Bun	Spanish Rice	Chicken Ala King	Pizza	Beef Barley Soup	Chicken Noodle Soup	Brat Burger
Ketchup/Pickles	Mixed Greens	Biscuit	Mixed Greens	Shrimp Salad on	Grilled Pepper Jack	on a Bun
Green Beans	Roll	Strawberries	Fruit Mix	on Lettuce Leaf	Cheese Sandwich	Ketchup/Mustard/Pickle
Raspberries	Peaches	Brownie	Ice Cream Sundae	Deviled Egg	Fruit Cocktail	Baked Beans
Oatmeal Cookie	Ice Cream			Mango	Cookie	Pineapple
				Roll		Banana Cake
				Cookie		

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!