## Valley VNA Weekly Menu

## Week of February 24, 2019

## FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2/24/2019	2/25/2019	2/26/2019	2/27/2019	2/28/2019	3/1/2019	3/2/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal	Scrambled Eggs	French Toast	Cereal	Ham & Egg Bake	Hard Boiled Egg	Cereal
Peanut Butter	Choice of Toast	Syrup	Muffin	Choice of Toast	Choice of Toast	Choice of Toast
Choice of Toast	English Muffin	Bacon	Blueberries	Peanut Butter	Banana	English Muffin
Banana	Banana	Breakfast Fruit		Banana	33-50-0	Fruit Mix
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef	Lemon Pepper Cod	Baked Chicken	Pork Chops	Chicken a la King	Baked Haddock	Roast Pork
Twice Baked Potatoes	Lemon/Tartar Sauce	Mashed Potatoes/Gravy	Mashed Potatoes/Gravy	Biscuit	Lemon/Tartar Sauce	Boiled Potatoes/Gravy
Asparagus	Dinner Sliced Potatoes	Romaine Salad	Cauliflower with Cheese	Cranberry Jello	Baked Potato/SC	Carrots
Roll	Broccoli	Wheat Bread	Wheat Bread	Mixed Greens	Island Vegetable Mix	Wheat Bread
Ice Cream Sundae	Rye Bread	Pistachio Pudding	Cherry Pie	Magic Bar	Rye Bread	Apple Pie
100	Fruit Mix	050 05000	**		Ice Cream Sundae	20,55
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Casserole	Chili Con Carne	Omelet	Open Faced Hot	Tomato Beef	Tomato Soup	Turkey Stew
with Peas	Roll	Potatoes O'Brien	Turkey over WG	Casserole	Grilled Cheese Sandwich	Roll
Cranberry Jello	Romaine Salad	Oranges	Bread with Gravy	Roll	Fruit Salad	Cranberry Jello
Roll	Fruit Cocktail	Cookie	Green Beans	Pear Cup	Cookie	Romaine Salad
Strawberries	Jello		Cranberry Jello	Frosted Sugar Bar		Peach Mix
Spice Cake			Pineapple			
**************************************			Molasses Bar			
ALL MEALS SERVED MI	TH COFFEE TEA HINCE	MILK OF MATER				

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!