

Valley VNA Weekly Menu

Week of June 30, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 6/30/2019	Monday 7/1/2019	Tuesday 7/2/2019	Wednesday 7/3/2019	Thursday 7/4/2019	Friday 7/5/2019	Saturday 7/6/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot or Cold Cereal Danish Banana	Orange Juice Hard Boiled Egg Bacon Wheat Toast Banana	Orange Juice Scrambled Eggs Wheat Toast Nutella/Peanut Butter Banana	Orange Juice Hot or Cold Cereal Nutella/Peanut Butter Raspberries	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Omelet Wheat Toast Bacon Banana	Orange Juice Hot or Cold Cereal Nutella/Peanut Butter Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Mashed Potatoes w/ Gravy Peas Wheat Bread Coconut Cream Pie	Baked Haddock Lemon/Tartar Sauce Baked Sweet Potato Broccoli Rye Bread Jello Cubes w/ Top	Lasagna Romaine Salad Garlic Bread Banana Cream Dessert	5-Layer Dinner w/ Potatoes & Vegetables Wheat Bread Raspberry Cream Cheese Tart	BBq Chicken Cheezy Potatoes Baked Beans Wheat Bread Cherry Pie	Perch Lemon/Tartar Sauce French Fries Cole Slaw Rye Bread Mandarin Orange Cake	Meatloaf Scalloped Potatoes Romaine Salad Wheat Bread Ice Cream
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Fajita Sandwich on Hoagie Cucumber Salad Strawberries Peanut Butter Krispie Bar	BBq Beef on a Bun Baked Beans Watermelon Ice Cream	Chicken Pecan Cran-Raisin Salad on Lettuce Leaf/Roll Broccoli/Cauliflower Salad Oranges Cookie	Shrimp Salad Lettuce/Tomatoes Deviled Eggs Pineapple Mix Chocolate Chip Bar	Cold Beef Sandwich on Slammer Lettuce/Tomato/Mayo Carrot Salad Pears	Minestrone Soup Grilled Cheese Sandwich Fruit Salad Cookie	Chicken Salad on Croissant Lettuce/Tomatoes Pineapple Jello Mold Butter Pecan Cake



ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!