

Valley VNA Weekly Menu

Week of July 14, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 7/14/2019	Monday 7/15/2019	Tuesday 7/16/2019	Wednesday 7/17/2019	Thursday 7/20/2019	Friday 7/21/2019	Saturday 7/22/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast Nutella/Peanut Butter Banana	Orange Juice Scrambled Eggs Toast Nutella/Peanut Butter Banana	Orange Juice Omelets Toast Bacon Nutella/Peanut Butter Banana	Orange Juice Cream of Wheat or Cold Cereal Toast Nutella/Peanut Butter Blueberries	Orange Juice Cheesy Egg Bake English Muffin Nutella/Peanut Butter Banana	Orange Juice Scrambled Eggs Toast Bacon Banana	Orange Juice Cereal Toast or Cranberry Muffin Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Meatloaf Baked Potato/ SC Carrots Wheat Bread Ice Cream	Salmon Filet Red Bliss Potatoes Corn Rye Bread Lemon Meringue Pie	Salisbury Steak Cubed Potatoes w/ Diced Tomatoes String Beans Wheat Bread Fruit Salad	Homestyle Chicken Mashed Potatoes Gravy Romaine Salad Dressing Cranberry Jell Orange Sherbet w/ Raspberries	Baked Pork Chop Stuffing Green Beans Wheat Bread Apple Pie	Perch Lemon/Tartar Sauce Potato Salad Cole Slaw Rye Bread Oreo Cream Dessert	Pizza Romaine Salad w/ Dressing Fruit Salad Cherry Cream Cheese Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
BBq Pork on a Bun Baked Beans Applesauce Brownie	Chicken Philly on a Hoagie Pea & Cheese Salad Cranberry Jello Watermelon Cookie	Beef Barley Soup Ham & Egg Salad on a Slammer w/ Lettuce & Tomatoes Banana PB Krispie Bar	Hot Beef Sandwich on a Hoagie Ketchup/Pickles Broccoli/Cauliflower Salad Oranges Ice Cream	Chicken Drumsticks Sweet Corn Veg Mac Salad Roll Melon Fruit Mix	Minestrone Soup Bacon/Tomato Grilled Cheese Sandwich on Vienna Bread Peach/Blackberry Mix Cookie	Tuna Macaroni Salad on Lettuce Leaf Tomatoe Slices Pickles Roll Pineapple Cup Jello w/ Topping

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!