Valley VNA Weekly Menu

Week of July 21, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 7/21/2019	Monday 7/22/2019	Tuesday 7/23/2019	Wednesday 7/24/2019	Thursday 7/25/2019	Friday 7/26/2019	Saturday 7/27/2019
BREAKFAST	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**
Orange Juice Hot or Cold Cereal Toast English Muffin Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Pancakes Syrup Bacon Blueberries	Orange Juice Hot or Cold Cereal Toast English Muffin Breakfast Fruit Mix	Orange Juice French Toast Syrup Bacon Banana	Orange Juice Cheese Omelet Toast English Muffin Banana	Orange Juice Hot or Cold Cereal Toast English Muffin Raspberries
DINNER	**DINNER**	**DINNER**	**DINNER**	**DINNER**	**DINNER**	**DINNER**
Roast Turkey Stuffing Asparagus Wheat Bread Pumpkin Bar	Lasagna Broccoli Garlic Bread Ice Cream Sundae	Chicken Stir Fry Rice Egg Roll Lime Sherbet w/ Crushed Oreo's	Swiss Mushroom Ground Steak Mashed Potatoes Gravy Corn Casserole Wheat Bread Jello Cake	BBq Chicken Baked Potato/SC Cucumber Salad Wheat Bread Cherry Pie	Baked Haddock Lemon/Tartar Sauce Baked Sweet Potatoes Cole Slaw Rye Bread Lemon Glazed- Angel Food Cake	Roast Pork Mashed Potatoes Gravy Cooked Cabbage & Carrots Wheat Bread Apple Pie
SUPPER	**SUPPER**	**SUPPER**	**SUPPER**	**SUPPER**	**SUPPER**	**SUPPER**
Bratwurst Burger on a Bun Sweet Corn Watermelon Sugar Cookie	Cheeseburger on a Bun Ketchup/Mustard/Pickles Lettuce/Tomatoes Baked Beans Mandarin Oranges Banana Pudding	Cuban Sandwich Snack Bag Cole Slaw Creamy PA Salad	Hot Dog on a Bun Ketchup/Mustard/Pickles Baked Beans Melon Mix Chocolate Pudding	Minestrone Pasta Salad Cheddar Cubes Crackers Mango Peanut Butter Cookie	Soup Grilled Cheese Sandwich Fruit Salad Ice Cream	Sloppy Jo on a Bun Corn Jello Fruit Mold Chocolate Chip Bar

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.
Meals may vary based on dietary needs. Menus are subject to change without notice!