Valley VNA Weekly Menu

Week of July 28, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 7/28/2019	Monday 7/29/2019	Tuesday 7/30/2019	Wednesday 7/31/2019	Thursday 8/1/2019	Friday 8/2/2019	Saturday 8/3/2019
BREAKFAST	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**
Orange Juice Hot or Cold Cereal Toast English Muffin Banana	Orange Juice Hard Boiled Egg Bacon Toast Banana	Orange Juice Cheese/Sausage Egg Bake English Muffin Banana	Orange Juice Hot or Cold Cereal Toast Mixed Fresh Fruit	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Hot or Cold Cereal Toast English Muffin Blueberries
DINNER	**DINNER**	**DINNER**	**DINNER**	**DINNER**	**DINNER**	**DINNER**
Roast Beef Mashed Potatoes Gravy Buttered Peas Coconut Cream Pie	Baked Haddock Lemon/Tartar Sauce Baked Potato/SC Corn Rye Bread Ice Cream	Baked Chicken Dumplings Green Bean Casserole Wheat Bread Banana Cream Square	Pork Wings Fried Potatoes Sauerkraut Wheat Bread Apple Cobbler	Beef Tenderloin Baked Potato/SC Broccoli/Cauliflower Salad Wheat Bread Raspberry Parfait	Baked Cod Lemon/Tartar Sauce Baked Sweet Potato Cole Slaw Rye Bread Fruit Salad	Chicken Kiev Stuffing Mixed Vegetables Wheat Bread Ice Cream
SUPPER	**SUPPER**	**SUPPER**	**SUPPER**	**SUPPER**	**SUPPER**	**SUPPER**
Cream of Potato Soup Salami Sandwich Lettuce/Tomato/Mayo Banana Sugar Cookie Bar	French Onion Burger on a Bun Ketchup/Mustard/Pickles Vegetable Salad Snack Bag Mandarin Oranges	Grilled Ham & Mozzarella Cheese on Rye Bread Romaine Salad Apricots Peanut Butter Krispy Bar	Turkey BLT Sandwich Carrot/Raisin Salad Pineapple Cheesecake	BBq Pork Sandwich on Hawaiian Bun Cucumber Salad Fruit Jello Mold Vanilla Pudding	Chicken Noodle Soup Grilled Cheese Sandwich Fruit Cocktail Cookie	Italian Antipasto Salad Garlic Bread Deviled Egg Peaches Chocolate Cake

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.
Meals may vary based on dietary needs. Menus are subject to change without notice!