

Valley VNA Weekly Menu

Week of July 7, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 7/7/2019	Monday 7/8/2019	Tuesday 7/9/2019	Wednesday 7/10/2019	Thursday 7/11/2019	Friday 7/12/2019	Saturday 7/13/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot or Cold Cereal Wheat Toast Nutella/Peanut Butter Banana	Orange Juice Scrambled Eggs Wheat Toast Bacon Banana	Orange Juice Hard Boiled Eggs Wheat Toast Banana	Orange Juice Hot or Cold Cereal Wheat Toast Nutella/Peanut Butter Raspberries	Orange Juice Pancakes Syrup Bacon Blueberries	Orange Juice Hard Boiled Eggs Wheat Toast Bacon Banana	Orange Juice Hot or Cold Cereal Wheat Toast Nutella/Peanut Butter Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Kiev Mashed Potatoes Gravy Buttered Peas Wheat Bread Cookies & Cream Pie	Roast Beef Mashed Potatoes Gravy Carrots Wheat Bread Cheesecake	Meat & Potato Pattie Vegetable Wheat Bread Berry Mix	Baked Ham German Potato Salad Romaine Salad Wheat Bread Apple Cobbler	Baked Chicken Mashed Potatoes Gravy Asparagus Wheat Bread Chocolate Mousse	Baked Haddock Lemon/Tartar Sauce Baked Potato/SC Island Mix Vegetable Rye Bread Pistachio Pudding	Roast Turkey Mashed Potatoes Gravy Broccoli Wheat Bread Pumpkin Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Sweet & Sour Pork Sandwich on a Hawaiian Bun Cole Slaw Apricots Jello w/ Topping	Deli Boiled Ham Sandwich on a Slammer Lettuce/Tomato/Mayo Mango Chocolate Cake	French Toast Syrup Bacon Applesauce Banana Pudding	Turkey Salad Sandwich Lettuce/Tomato Slices Melon Mix Peanut Butter Bar	Sloppy Jo on a Slammer Wax Beans Peach Jello Mold White Cake	Tomato Soup Grilled Cheese Sandwich Fruit Salad Ice Cream	Cheese Omelet O'Brien Potatoes Oranges Cookie

ALL MEALS SERVED WITH COFFEE, TEA, JUICE, MILK, OR WATER.

Meals may vary based on dietary needs. Menus are subject to change without notice!