

# Valley VNA Weekly Menu

Week of August 18, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 8/18/2019	Monday 8/19/2019	Tuesday 8/20/2019	Wednesday 8/21/2019	Thursday 8/22/2019	Friday 8/23/2019	Saturday 8/24/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot or Cold Cereal Wheat Toast Banana	Orange Juice Scrambled Eggs Wheat Toast Sausage Banana	Orange Juice Hard Boiled Eggs Wheat Toast Bacon Raspberries	Orange Juice Hot or Cold Cereal Wheat Toast Banana	Orange Juice French Toast Syrup Bacon Banana	Orange Juice Scrambled Eggs Wheat Toast Bacon Mix Fruit	Orange Juice Hot or Cold Cereal Wheat Toast Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Mashed Potatoes Gravy Carrots Wheat Bread Marble Cake	Hamloaf Scalloped Potatoes String Beans Wheat Bread Strawberry Cobbler w/Topping	Mostaccioli w/Meat Marinara Romaine Salad Garlic Bread Lime Sherbet w/ Crushed Oreos	Kielbasa w/ Peppers Fried Potatoes Broccoli Wheat Bread Boston Cream Pie	Beef Short Ribs w/ Onions Sweet Corn Macaroni Salad Cherry Pie	Baked Haddock Lemon/Tartar Sauce Baked Potato Island Mix Vegetables Rye Bread Chocolate Cream Dessert	Baked Chicken Mashed Potatoes w/ Gravy Peas Wheat Bread Peach Pie Square
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Salad Sandwich on a Slammer Carrot/Celery Stix Apricots Cookie	White Cheddar Macaroni & Cheese Fire-Roasted Diced Tomatoes Peaches Oatmeal Bar	Crab Salad w/ Croissant Broccoli Salad Pineapple Ice Cream	Chicken Drumstix Mashed Potatoes/Gravy Cranberry Jello Mandarin Orange Jello Mold Yellow Cake	Hot Dog Bun Ketchup/Mustard/ Onions/Pickles Baked Beans Fruit Cocktail Ice Cream Bar	Vegetable Soup Grilled Cream Cheese Mix on French Bread Strawberries Cookie	BBQ Pork on Hawaiian Bun w/ Red Onions Cole Slaw Banana Ice Cream

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!