Valley VNA Weekly Menu

Week of August 25, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8/25/2019	8/26/2019	8/27/2019	8/28/2019	8/29/2019	8/30/2019	8/31/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Hot or Cold Cereal	Hard Boiled Egg	Scrambled Eggs	Hot or Cold Cereal	Pancakes	Omelet	Hot or Cold Cereal
Danish	Bacon	Wheat Toast	Nutella/Peanut Butter	Syrup	Wheat Toast	Nutella/Peanut Butt
Banana	Wheat Toast	Nutella/Peanut Butter	Raspberries	Bacon	Bacon	Oranges
	Banana	Banana	11 300 30 10 10 10 10 10 10 10 10 10 10 10 10 10	Banana	Banana	State of Alberta
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef	Baked Haddock	Spaghetti	5-Layer Dinner	Apricot Chicken	Perch	Meatloaf
Mashed Potatoes	Lemon/Tartar Sauce	Meat w/ Marinara	w/ Potatoes & Vegetables	Parmesan Half Baked	Lemon/Tartar Sauce	Scalloped Potatoes
w/ Gravy	Baked Sweet Potato	Romaine Salad	Wheat Bread	Potatoes	French Fries	Romaine Salad
Green Beans	Broccoli	Garlic Bread	Raspberry Cream	Corn	Cole Slaw	Wheat Bread
Wheat Bread	Rye Bread	Pineapple Upside-	Cheese Tart	Wheat Bread	Rye Bread	Ice Cream
Coconut Cream Pie	Jello Cubes w/ Top	Down Cake		Cherry Pie	Mandarin Orange Cake	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Fajita	BBq Beef	Ham & Cheese Bunwich	Shrimp Salad	Cold Beef Sandwich	Minestrone Soup	Chicken Salad
Sandwich on Hoagie	on a Bun	Veggie Salad	Lettuce/Tomatoes	on Slammer	Grilled Cheese Sandwich	on Croissant
Cucumber Salad	Baked Beans	Oranges	Deviled Eggs	Lettuce/Tomato/Mayo	Fruit Salad	Lettuce/Tomatoes
Strawberries	Watermelon	Cookie	Pineapple Mix	Carrot Salad	Cookie	Pineapple Jello Mo
PB Krispie Bar	Ice Cream	(3)	Chocolate Chip Bar	Pears	100	Jello Cake

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!