

In-Home Care Independent Living Assisted Living

# Valley VNA In-Touch

NEWSLETTER-SEPTEMBER | OCTOBER 2019



#### Theresa Pichelmeyer, President & CEO

Halloween candy? Thanksgiving and Christmas decorations? What happened to summer? Like it or not, Fall is here and what I mourn the most is the decreasing sunlight each day. Soon it will be go to work in the dark and go home in the dark. Which brings up pedestrian safety at Valley VNA. For those of you who park in the back parking lot, you will notice new speed signs posted for MPH. I know this seems

agonizingly slow; however, I have personally observed two near misses of drivers almost hitting individuals crossing the parking lot. I have heard similar experiences from others, Please slow down coming into and leaving the back parking lot!

Fall is also the time for our annual fund raiser. This year the title is Corks and Forks. This will occur at UWO-Fox Cities Performing Art Center on October 12. Please see our website for full information. Great raffle prizes, food, and learning from experts in the field of Alzheimer and personal stories. Look forward to seeing you there!



## **Independent & Assisted Living**

### Pat Hoogervorst, RN

Influenza vaccinations will be given to residents on Wednesday, October 23 in the afternoon. We

will begin the process of having residents complete the permission forms for the vaccine. We will also be calling the POA for healthcare agents on those residents that are no longer making health care decisions. This year we will need a copy of the new Medicare numbers that have been given out to all Medicare recipients. Also, the form requests the Social Security number for each resident. Please bring a copy of these cards to Marian at the front desk and she will make copies and also have the forms available for you to sign. Please have this done by Friday, October 18. Thank you.

We are always looking at ways to improve our resident's environment and make positive adjustments to our routines. For some of our residents who reside in Emerald Court the constant flow of foot traffic through the Emerald Court outside entrance can cause increased anxiety and wanting to follow

#### Angela Franz, Administrator

visitors out to the parking lot. To help limit the use of this entrance we are asking all visitors of



Emerald Court to please use the Amber or Coral Court entrance as these entrances are not a focal point for our residents. Our Amber Court entrance (door #3) is located in our front parking lot and Coral Court entrance (door #7) is located in our back parking lot off of East Bell Street. Parking is available by each entrance. If you have a fob you will be able to enter through either of these doors the same as you had in Emerald. Our Life Enrichment team will also be adding a decorative privacy film to the interior Emerald door to assist with redirection. Thank you for your understanding.

For our residents who receive the Post Crescent
Newspaper: if a change is made with your subscription
please notify the front desk. These changes aren't
always shared by the newspaper delivery personnel
and our staff are responsible for the internal delivery.



# Colleen Harvot, In-Home Care Director In-Home Care

For over 25 years Valley VNA has held Flu Prevention Clinics throughout the Fox Valley. During that time people basically had two options to get their flu shots; attend one of the public clinics or see their physician. Over the last several years things have really changed making getting a flu shot easier for everyone. Due to these changes Valley VNA has decided to discontinue our Flu Prevention

program. Despite the fact that we are no longer offering this service, we encourage you contact your doctor or pharmacy and Get Your Flu Shot!

Residents that live at Valley VNA, as well as all of our staff members, will be able to receive their flu shots at Valley VNA.

Earlier this year we conducted our Annual Client Satisfaction Survey. As always, there is room for improvement, but overall we are extremely pleased with the results and would like to share them with you.

Satisfaction Survey Quality Reporting 2018-2019 In-Home Care Program

Valley VNA
Senior Care
In-Home Care | Independent Living | Assisted Living

Survey Questions with a scale from 1 to 5		Score
*	Are the In-Home Caregivers professional?	4.7
4	Are the Caregivers appropriately trained to perform the cares you need?	4.7
$\odot$	How satisfied are you with the way the caregivers help you?	4.5
	How satisfied are you with the reliability of the services provided?	4.6
Å	Does everyone from Valley VNA treat you with courtesty and respect?	4.9
	If you have reported any concerns have they been handled to your satisfaction?	4.4
0	Overall, how satisfied are you with the services provided by Valley VNA In-Home Care?	4.6

## Life Enrichment Activities

September started with National Assisted Living Week (September 8-14). This year's theme was "A Spark of



Creativity." Each day of the week we celebrated by doing something creative. We had a presentation on Photography, made jewelry, and art work. At the beginning of the week every staff member, resident, and their family member(s) were asked to color a portion

of a sunflower. At the end of the week we collected them and put together a community art mural that we showcased at our end-of-the-week celebration. It was fun to see the residents pick out their colored piece. Stop by the Life Enrichment offices in Coral Court to see it live! Our Annual Fall Fling was held on September 23. By popular

request we had Elvis John back to perform for our residents. Now that school is back in session, Valley VNA's Life Enrichment department coordinates with the Little Chute High School and the Neenah High School to encourage students to volunteer in our facility. If they are interested in a



career here, they can become a part of our caregiver training program. In October we have a lot of fun events planned as well: Soda Pups, a tap dancing show, and a Halloween-themed Magic Show at the end of the month. Don't forget that we also do Trick-or-Treating. We welcome you and your children to stop by and share all the wonderful costumes with our residents. Join us on Sunday, October 27 from 2:00-3:30 pm.



Jessica Blake, Life Enrichment Coordinator, joined the team on September 3. Jessica started her career with Valley VNA in May 2017 as a caregiver in Assisted Living. She has always had a passion for caring for people and helped her mom for several years after her grandfather was diagnosed with dementia.

Wanting to make a meaningful impact for those with dementia led her to a career in healthcare. You can contact Jessica at 920-727-5544, ext. 1060. Or via e-mail at jessicab@valleyvna.org

## **In-Home Care Activities**

The fall season is busy for our home caregivers. Every year we plan activities

that caregivers can do with their clients. This includes baking activities, crafts, music, exercises and





brain games. During the fall we carve and decorate pumpkins, bake pumpkin pies and decorate fall

cookies. Home care clients are also welcome to come to the assisted living with our caregivers for activities and

social events. Some favorites are bingo, music events and birthday parties. If you would like to



learn more about our life enrichment program please give us a call.



### **Foot Care Clinics**

Public clinics are offered at the following locations throughout the Fox Valley. For clinic dates and times and to schedule an appointment, please call 920-727-5555 (unless otherwise noted).

#### **VALLEY VNA SENIOR CARE**

1535 Lyon Dr., Neenah

#### **MENASHA SENIOR CENTER**

116 Main St., Menasha

#### **AMERICAN LEGION WINNECONNE**

536 W. Main St., Winneconne

#### **NEW LONDON SENIOR CENTER**

600 W. Washington St., New London For appointments call - 920-538-2974

#### **PINEWOOD MANOR**

125 Pine St., Hortonville

#### **GREENVILLE YMCA**

W6931 School Rd., Greenville



#### **OMRO COMMUNITY CENTER**

130 W. Larrabee St., Omro

#### **OSHKOSH YMCA DOWNTOWN**

324 Washington Ave., Oshkosh

#### **OSHKOSH SENIORS CENTER**

200 N. Campbell Rd., Oshkosh For appointments call - 920-232-5310

#### **RIVER CROSSINGS HIGHLANDS**

424 Cleveland St., Winneconne

#### ST. JAMES UNITED METHODIST CHURCH

100 W. Capitol Dr., Appleton

#### HEART OF THE VALLEY YMCA

225 W. Kennedy Ave., Kimberly



Saturday, October 12, 2019 6:00-8:30 pm

<u>UWO-Fox Cities Communication Arts Center</u> 1478 Midway Road, Menasha

Tickets \$50

For tickets call 920.422.5630 or visit valleyvna.org/cork-fork



