Valley VNA Weekly Menu

Week of September 15, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/15/2019	9/16/2019	9/17/2019	9/18/2019	9/19/2019	9/20/2019	9/21/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Hot or Cold Cereal	Scrambled Eggs	Pancakes	Hot or Cold Cereal	French Toast	Cheese Omelet	Hot or Cold Ceres
Toast	Toast	Syrup	Toast	Syrup	Toast	Toast
English Muffin	English Muffin	Bacon	English Muffin	Bacon	English Muffin	English Muffin
Banana	Banana	Blueberries	Breakfast Fruit Mix	Banana	Banana	Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Turkey	Lasagna	Chicken Stir Fry	Swiss Mushroom	Baked Chicken	Baked Haddock	Roast Pork
Stuffing	Broccoli	Rice	Ground Steak	Baked Potato/SC	Lemon/Tartar Sauce	Mashed Potatoe
Asparagus	Garlic Bread	Egg Roll	Mashed Potatoes	Romaine Salad	Potato Salad	w/ Gravy
Wheat Bread	Ice Cream Sundae	Lime Sherbet w/	w/ Gravy	Wheat Bread	Cole Slaw	Cooked Cabbage
Pumpkin Bar		Crushed Oreo's	Corn	Cherry Pie	Rye Bread	Carrots
			Wheat Bread		Anglel Food w/	Wheat Bread
			Marble Cake		Strawberries	Apple Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Bratwurst Burger	Cheeseburger on a Bun	Cuban Sandwich	Hot Dog on a Bun	Hot Beef Sandwich	Soup	Sloppy Jo on a Bu
on a Bun	Ketchup/Mustard/Pickles	Snack Bag	Ketchup/Mustard/Pickles	on a Hoagle	Grilled Cheese Sandwich	Corn
Sweet Corn	Lettuce/Tomatoes	Cole Slaw	Baked Beans	Green Beans	Fruit Salad	Jello Fruit Molo
Watermelon	Baked Beans	Creamy Pineapple Salad	Melon Mix	Mango	Ice Cream	Chocolate Chip B
Cookie	Mandarin Oranges	- 12-17-70 - C-000-1 - C-000-1	Chocolate Pudding	Cookie		28 1 1277
	Banana Pudding					

ALL MEALS SERVED WITH BEVERAGES.
Menu subject to change without notice!