

Valley VNA Weekly Menu

Week of September 22, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 9/22/2019	Monday 9/23/2019	Tuesday 9/24/2019	Wednesday 9/25/2019	Thursday 9/26/2019	Friday 9/27/2019	Saturday 9/28/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot or Cold Cereal Toast English Muffin Banana	Orange Juice Hard Boiled Egg Bacon Toast Banana	Orange Juice Cheese Sausage- Egg Bake English Muffin Banana	Orange Juice Hot or Cold Cereal Toast Mixed Fresh Fruit	Orange Juice Pancakes Syrup Bacon Banana	Orange Juice Scrambled Eggs Toast English Muffin Banana	Orange Juice Hot or Cold Cereal Toast English Muffin Blueberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Mashed Potatoes Gravy Buttered Peas Coconut Cream Pie	Baked Haddock Lemon/Tartar Sauce Baked Potato/SC Corn Rye Bread Ice Cream	Baked Chicken Dumplings Green Bean Casserole Wheat Bread Cooks Choice Pie	Pork Wings Fried Potatoes Sauerkraut Wheat Bread Apple Cobbler	Beef Tenderloin Baked Potato/SC Broccoli/Cauliflower Salad Wheat Bread Raspberry Parfait	Baked Cod Lemon/Tartar Sauce Baked Sweet Potato Cole Slaw Rye Bread Fruit Salad	Chicken Kiev Stuffing Mixed Vegetables Wheat Bread Ice Cream
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Cream of Potato Soup Turkey Sandwich Lettuce/Tomato/Mayo Banana Sugar Cookie Bar	French Onion Burger on a Bun Ketchup/Mustard/Pickles Vegetable Salad Snack Bag Oranges	Grilled Ham & Mozzarella Cheese on Rye Bread Romaine Salad Apricots Peanut Butter Krispy Bar	Egg Salad BLT Sandwich 3-Bean Salad Watermelon Oatmeal Cookie	BBq Pork Sandwich on a Slammer Carrots Fruit Jello Mold Vanilla Pudding	Chicken Noodle Soup Grilled Cheese Sandwich Fruit Cocktail Cookie	Tuna Casserole Roll Deviled Egg Peaches Chocolate Cake

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!