

Valley VNA Weekly Menu

Week of September 29, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 9/29/2019	Monday 9/30/2019	Tuesday 10/1/2019	Wednesday 10/2/2019	Thursday 10/3/2019	Friday 10/4/2019	Saturday 10/5/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Choice of Hot or Cold Cereal Wheat Toast Nutella/Peanut Butter Banana	Orange Juice Scrambled Eggs Wheat Toast Nutella/Peanut Butter Banana	Orange Juice Omelets Wheat Toast Bacon Nutella/Peanut Butter	Orange Juice Choice of Hot or Cold Cereal Wheat Toast Nutella/Peanut Butter Blueberries	Orange Juice Scrambled Eggs Nutella/Peanut Butter Wheat Toast Raspberries	Orange Juice French Toast Syrup Bacon Banana	Orange Juice Choice of Hot or Cold Cereal Wheat Toast Nutella/Peanut Butter Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Mashed Potatoes w/ Gravy Cooked Cabbage Wheat Bread Cherry Cobbler	Chicken Fettuccine w/ Pasta Romaine Salad Garlic Bread Blueberry Pie	Roast Pork Mashed Potatoes w/ Gravy Glazed Carrots Wheat Bread Sherbet	Roast Turkey Sweet Potatoes Asparagus Wheat Bread Lemon Whip	Pork Chops Baked Potatoes/SC Romaine Salad Wheat Bread Fruit Mix	Baked Cod Lemon/Tartar Sauce Cheese Potatoes Cole Slaw Rye Bread Ice Cream Sundae	Spaghetti w/ Meat Marinara Romaine Salad Garlic Bread Cheesecake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Chicken Salad on Wheat Bread Lettuce/Tomato/Mayo Oranges Ice Cream Bar	Hot Dog on a Bun Baked Beans Strawberries Cook's Choice Bar	Pizza Romaine Salad Cantaloupe Cookie	Deluxe Burger on a Bun Lettuce/Tomato/Mayo Onion/Pickles Corn Fruit Salad Magic Bars	Chicken Noodle Casserole String Beans Watermelon Chocolate Cake	Tomato Basil Soup Grilled Cheese Sandwich Fruit Salad Cookie	Ham Macaroni Salad Cheddar Cubes Crackers Pineapple Brownie

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!