

Valley VNA Weekly Menu

Week of September 8, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 9/8/2019	Monday 9/9/2019	Tuesday 9/10/2019	Wednesday 9/11/2019	Thursday 9/12/2019	Friday 9/13/2019	Saturday 9/14/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Cereal Toast Nutella/Peanut Butter Banana	Orange Juice Scrambled Eggs Toast Nutella/Peanut Butter Banana	Orange Juice Omelets Toast Bacon Nutella/Peanut Butter Banana	Orange Juice Cream of Wheat Or Cold Cereal Toast Nutella/Peanut Butter Blueberries	Orange Juice Cheesey Egg Bake English Muffin Nutella/Peanut Butter Banana	Orange Juice Scrambled Eggs Toast Bacon Banana	Orange Juice Cereal Toast or Cranberry Muffin Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Meatloaf Baked Potato/ SC Carrots Wheat Bread Ice Cream	Salmon Filet Red Bliss Potatoes Corn Rye Bread Lemon Meringue Pie	Salisbury Steak Cubed Potatoes w/ Diced Tomatoes String Beans Wheat Bread Fruit Salad	Homestyle Chicken Mashed Potatoes w/ Gravy Romaine Salad Dressing Cranberry Jello Orange Sherbet w/ Raspberries	Baked Pork Chops Stuffing Green Beans Wheat Bread Apple Pie	Perch Lemon/Tartar Sauce Potato Salad Cole Slaw Rye Bread Oreo Cream Dessert	Pizza Romaine Salad w/ Dressing Fruit Salad Cherry Cream Cheese Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
BBq Pork on a Bun Baked Beans Applesauce Brownie	Chicken Philly on a Hoagie Pea & Cheese Salad Watermelon Cookie	Beef Barley Soup Ham & Egg Salad on a Slammer w/ Lettuce & Tomatoes Banana PB Krispie Bar	Hot Beef Sandwich on a Hoagie Ketchup/Pickles Broccoli/ Cauliflower Salad Oranges Ice Cream	Chicken Drumsticks Sweet Corn Veg Mac Salad Cranberry Jello Roll Melon Fruit Mix	Minestrone Soup Bacon/Tomatoes Grilled Cheese Sandwich on Vienna Bread Peach/Blackberry Mix Cookie	Tuna Macaroni Salad on Lettuce Leaf Tomato Slices Pickles Roll Pineapple Cup Jello w/ Topping

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!