

Valley VNA Weekly Menu

Week of October 13, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 10/13/2019	Monday 10/14/2019	Tuesday 10/15/2019	Wednesday 10/16/2019	Thursday 10/17/2019	Friday 10/18/2019	Saturday 10/19/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot or Cold Cereal Choice of Toast Peanut Butter Banana	Orange Juice Scrambled Eggs Toast Banana	Orange Juice Potato Chive Egg Bake Toast Raspberries	Orange Juice Hot or Cold Cereal Choice of Toast Peanut Butter Banana	Orange Juice Pancakes Syrup Bacon Blueberries	Orange Juice Omelet w/Cheese Toast Bacon Banana	Orange Juice Hot or Cold Cereal Choice of Toast Peanut Butter Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Pork Mashed Potatoes Gravy Cooked Cabbage Wheat Bread Baked Apples	Beef Short Ribs Parslied Buttered- Potatoes Asparagus Wheat Bread Raspberry Bar	Salmon Filet Rice Pilaf Brussel Sprouts Rye Bread Pineapple Upside- down Cake	Chicken Ala King on a Biscuit Romaine Salad Cranberry Jello Peach Fruit Salad	Swedish Meatballs over Noodles Broccoli Wheat Bread Blueberry Cobbler	Perch Lemon/Tartar Sauce Potato Salad Cole Slaw Rye Bread Banana Cake	Roast Turkey Stuffing/Gravy Beets Cranberry Jello Wheat Bread Pumpkin Pie w/ Topping
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Scalloped Potatoes w/ Ham Broccoli Pineapple Cup Jello w/ Topping	BBq Chicken Slider w/ Pickles & Onions Baked Beans Cantaloupe Cookie	Tomato Beef Casserole Green Beans Roll Banana Ice Cream Bar	Philly Beef Sandwich on a Hoagie w/Cheese Corn Watermelon Vanilla Pudding	Sweet Sour Pork Sandwich Carrots Pineapple Cup Doodle Bar	Vegetable Soup Shrimp Salad on Lettuce Leaf Deviled Eggs Fruit Salad Cookie	Pizza Mixed Greens Fruit Mix Ice Cream Sundae

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!