

Valley VNA Weekly Menu

Week of October 6, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 10/6/2019	Monday 10/7/2019	Tuesday 10/8/2019	Wednesday 10/9/2019	Thursday 10/10/2019	Friday 10/11/2019	Saturday 10/12/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot or Cold Cereal Wheat Toast Banana	Orange Juice Denver Scrambled Eggs Wheat Toast Blueberries	Orange Juice Cheese Omelet Bacon Wheat Toast Banana	Orange Juice Hot or Cold Cereal Cinnamon Toast Banana	Orange Juice Pancakes Syrup Bacon Strawberries	Orange Juice Scrambled Eggs Bacon Wheat Toast Banana	Orange Juice Hot or Cold Cereal Wheat Toast Raspberries
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Lasagna Romaine Salad Garlic Bread Fruit Salad	Baked Cod Lemon/Tartar Sauce Twice Baked Potato Broccoli Rye Bread Sherbet	Roast Turkey Mashed Potatoes Gravy Cranberry Jello Green Bean Casserole Wheat Bread Pumpkin Bar	Beef Stew Biscuit Romaine Salad Fruit Salad Lemon Meringue Pie	Baked Chicken Stuffing/Gravy Cauliflower Mix Cranberry Jello Wheat Bread Chocolate Chip Bar	Baked Haddock Lemon/Tartar Sauce Baked Potato/SC Cole Slaw Rye Bread Glazed Angel Food Cake	Spanish Rice Romaine Salad Roll Peaches Ice Cream
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Boiled Ham Sandwich on a Slammer Baked Beans Apricots Molasses Bar	French Toast Syrup Bacon Strawberries Banana Pudding	Open-faced Tuna Cheezette Sandwich Carrots Pears Cookie	Chili Corn Muffin Cottage Cheese Pineapple Rings Jello w/ Whipped Cream	Chow Mein Casserole Peas Roll Watermelon	Beef Barley Soup Grilled Cheese Sandwich Fruit Salad Cookie	Chicken Drumsticks Cream Corn Cranberry Jello Cantaloupe Red Velvet Cake

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!