

Valley VNA Weekly Menu

Week of December 1, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 12/1/2019	Monday 12/2/2019	Tuesday 12/3/2019	Wednesday 12/4/2019	Thursday 12/5/2019	Friday 12/6/2019	Saturday 12/7/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice Hot or Cold Cereal Wheat Toast Banana	Orange Juice French Toast Syrup Bacon Oranges	Orange Juice Cheese Omelet Wheat Toast Blueberries	Orange Juice Hot or Cold Cereal Cinnamon Toast Banana	Orange Juice Scrambled Eggs Bacon Wheat Toast Banana	Orange Juice Pancakes Syrup Bacon Blueberries	Orange Juice Hot or Cold Cereal Wheat Toast Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Cabbage Roll Parsley-buttered Sliced Potatoes Wheat Bread Sherbet	Baked Chicken Mashed Potatoes w/ Gravy Corn Cranberry Jello Wheat Bread Lemon Meringue Pie	Salmon Filet Baked Potato/SC Asparagus Rye Bread Fruit Mix	Roast Beef Mashed Potatoes w/ Gravy Peas & Carrot Mix Wheat Bread Orange Dream Bar	Spaghetti w/ Meat Marinara Broccoli Garlic Bread Key Lime Pie	Potato/Chive- crusted Cod Lemon/Tartar Sauce Baked Potato/SC Green Beans Rye Bread Strawberries w/ Topping	Roast Turkey Dressing Gravy Beets Wheat Bread Baked Apple
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Macaroni & Cheese String Beans Roll Strawberries w/ Topping	Sweet & Sour Pork Slider Carrots Pineapple Jello Mold Ice Cream	Sloppy Jo on a Bun Romaine Salad Watermelon Cookie	Beef Noodle Soup Chicken Salad Sandwich on Slammer Cantaloupe Oreo Crumb Cake	Hot Dog on a Bun Baked Beans Apricots Ice Cream Sundae	Chicken Noodle Soup Grilled Cheese Sandwich Fruit Salad Cookie	Pizza Casserole Romaine Salad Garlic Bread Fruit Mix

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!