

Valley VNA Weekly Menu

Week of November 10, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 11/10/2019	Monday 11/11/2019	Tuesday 11/12/2019	Wednesday 11/13/2019	Thursday 11/14/2019	Friday 11/15/2019	Saturday 11/16/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal Wheat Toast Banana	Scrambled Eggs Ham Patty Wheat Toast Banana	French Toast Syrup Bacon Blueberries	Hot or Cold Cereal Wheat Toast Cinnamon Muffin Banana	Scrambled Eggs Bacon Wheat Bread Fresh Fruit Mix	Pancakes Syrup Bacon Raspberries	Hot or Cold Cereal Donut Holes Oranges
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Mashed Potatoes w/ Gravy Carrots Wheat Bread Chocolate Cherry Cake	Chicken Stir Fry w/ Vegetables on Rice Egg Roll Sherbet	Hamloaf Scalloped Potatoes Romaine Salad Wheat Bread Apple Pie	Beef Short Ribs Buttered Pasta Diced Tomatoes Wheat Bread Fruit Salad	Chicken Italian Baked Potato/SC Green Beans Wheat Bread Blueberry Pie	Potato Crunch Fish Lemon/Tartar Sauce Rice Pilaf Asparagus Rye Bread Fruit Salad	Pizza Mixed Greens Fruit Salad Ice Cream Sundae
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
BBq Pork Slider on Hawaiian Bun Cole Slaw Pineapple Doodle Bar	Hamburger on a Bun Ketchup/Mustard/Pickles Baked Beans Strawberries Chocolate Pudding	Cream of Chicken Soup Bologna Sandwich Lettuce/Cheese Cantaloupe Cookie	Vegetable Soup Turkey Sandwich Lettuce/Mayo Brussel Sprout Salad Watermelon Lemon Parfait	Beefy Casserole Roll Oranges Chocolate Chip Bar	Chili Grilled Cheese Fruit Salad Cookie	Chicken Drumsticks Green Beans Cranberry Jello Strawberries Banana Cake

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!