

# Valley VNA Weekly Menu

Week of November 17, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 11/17/2019	Monday 11/18/2019	Tuesday 11/19/2019	Wednesday 11/20/2019	Thursday 11/21/2019	Friday 11/22/2019	Saturday 11/23/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal Wheat Toast Banana	Pancakes Syrup Bacon Blueberries	Omelet Wheat Toast Banana	Hot or Cold Cereal Wheat Toast Raspberries	Scrambled Eggs Bacon Wheat Toast Banana	Denver Scrambled Eggs Wheat Toast Blueberries	Hot or Cold Cereal Wheat Toast Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Pork Wings Mashed Potatoes w/ Gravy Carrots Wheat Bread Pound Cake w/ Strawberries & Topping	Baked Haddock Lemon/Tartar Sauce Baked Sweet Potatoes Mixed Vegetables Rye Bread Fruit Mix	Chicken Meatballs Alfredo Broccoli Wheat Bread Pumpkin Whip	Beef Tenderloin Baked Potato/SC Corn Wheat Bread Peach Cobbler	Orange Cumin Chicken on Rice w/ Vegetables Egg Roll Boston Cream Pie	Perch Lemon/Tartar Sauce French Fries Cole Slaw Rye Bread Berry Mix	Roast Pork Mashed Potatoes w/ Gravy Asparagus Wheat Bread Apple Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Beef Stew Biscuit Peaches Oatmeal Bar	Mostaccoli Green Beans Garlic Bread Pineapple Sherbet	Philly Beef Slider Romaine Salad Cantaloupe Brownie	Egg Salad Sandwich on a Slammer Veg Mac Salad Strawberries Cookie	Pizza Burger on a Bun Romaine Salad Fruit Jello Mold Ice Cream	French Toast Syrup Bacon Fruit Salad Vanilla Pudding	Grilled Turkey w/ Ranch, Bacon, and Cheese on Sour Dough Broccoli Salad Watermelon Cookie

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!