Valley VNA Weekly Menu

Week of November 3, 2019

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11/3/2019	11/4/2019	11/5/2019	11/6/2019	11/7/2019	11/8/2019	11/9/2019
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Hot or Cold Cereal	Omelet	Scrambled Eggs	Hot or Cold Cereal	Denver Scrambled Eggs	French Toast	Hot or Cold Cereal
Wheat Toast	Bacon	Bacon	Cinnamon Toast	Wheat Toast	Syrup	Wheat Toast
Banana	Wheat Toast	Wheat Toast	Oranges	Banana	Bacon	Banana
	Banana	Raspberries			Blueberries	
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Turkey	Salisbury Steak	Baked Chicken	Beef Stroganoff	Spaghetti	Potato-crusted Cod	Chicken Kiev
Dressing/Gravy	Scalloped Potatoes	Baked Potato/SC	on Pasta	w/ Meat Sauce	Lemon/Tartar Sauce	Mashed Potatoes
Cauliflower	Romaine Salad	Broccoli	Peas & Carrots	Romaine Salad	Baked Potato/SC	w/ Gravy
Wheat Bread	Wheat Bread	Wheat Bread	Wheat Bread	Garlic Bread	Cole Slaw	Corn
Pistachio Pudding	Fruit Mix	Carrot Cake	Banana Cream Pie	Fruit Pizza	Rye Bread	Wheat Bread
					Ice Cream	Strawberry Cream Pie
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Tuna Casserole	Coney Island	Turkey Tettrazini	Grilled Ham & Cheese	Chicken in Gravy	Beef Barley Soup	Cheeseburger Casserole
Roll	Hot Dog on Bun	Green Beans	on Rye	over Mashed Potatos	Grilled Cheese Sandwich	String Beans
Deviled Egg	Corn	Roll	Asparagus	Beets	Fruit Salad	Roll
Pineapple	Peaches	Watermelon	Pears	Apricots	Cookie	Fruit Mix
Sherbet	Cookie	Magic Bar	Molasses Bar	Jello Cubes w/ Topping		
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ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!