## Valley VNA Weekly Menu

## Week of December 8, 2019

## FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

12/8/2019 12/9/2019 12/10/2019 12/11/2019 12/11/2019 12/13/2019 12/13/2019 12/14/2019  BREAKFAST Orange Juice	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Orange Juice Hot or Cold Cereal Choice of Toast Peanut Butter Banana DINNER DINNER DINNER DINNER Mashed Potatoes Gravy Whole Potatoes Wheat Bread Cherry Pie Raspberry Bar Cherry Pie Raspberry Bar SUPPER Scalloped Potatoes W/ Peanut Buter Barana Drange Juice Orange Juice Oranse Jaia Oran Bacon Orange Juice Orange Juice Oranse Jaia Oran Bacon Orang Juice Oranse Jaia Oran Bacon Oran Bacon Orang Juice Oranse Jaia Oran Bacon Orang Juice Oranse Jai	12/8/2019	12/9/2019	12/10/2019	12/11/2019	12/12/2019	12/13/2019	12/14/2019
Hot or Cold Cereal Choice of Toast Choice of Toast Choice of Toast Choice of Toast Peanut Butter Banana Toast Peanut Butter Banana DINNER DINNER DINNER DINNER DINNER DINNER Mashed Potatoes Gravy Whole Potatoes Wheat Bread Cherry Pie Raspberry Bar Down Cake Cherry Pie Scalloped Potatoes Byrup Toast Peanut Butter Banana DINNER Roast Pork Mashed Potatoes Gravy Whole Potatoes Whole Potatoes Wheat Bread Cherry Pie Raspberry Bar Down Cake  Supper Scalloped Potatoes By Chicken Ala King on a Biscuit Over Noodles Droadt Broccoli Potato Salad Mixed Vegetables Cranberry Jello Wheat Bread Cherry Pie Raspberry Bar Down Cake  Supper Supper Supper Scalloped Potatoes By Chicken Slider Wheat Bread Cherry Pie Raspberry Bar Down Cake  Supper Supp	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Choice of Toast Peanut Butter Banana  Toast Peanut Butter Banana  DINNER  DINNER  DINNER  DINNER  Roast Pork Mashed Potatoes Gravy  Whole Potatoes Wheat Bread Cherry Pie  Raspberry Bar  Down Cake  Diver  Supper  Su	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Peanut Butter Banana  Toast Raspberries  Banana  DINNER  DINNER  DINNER  Roast Pork Raspberries  Baked Haddock Chicken Ala King Gravy Mhole Potatoes Cooked Cabbage Wheat Bread Cherry Pie  Raspberry Bar  Down Cake  Down Cake  Down Cake  Dinner  Diner  Dine	Hot or Cold Cereal	Scrambled Eggs	Potato/Chive	Hot or Cold Cereal	Pancakes	Omelet w/ Cheese	Hot or Cold Cereal
Banana Blueberries Banana Blueberries Banana Raspberries  DINNER DINNER DINNER DINNER DINNER DINNER DINNER DINNER DINNER Roast Pork Roast Beef Baked Haddock Rice Pilaf on a Biscuit Over Noodles Demon/Tartar Sauce Stuffing/Gravy Whole Potatoes Brussel Sprouts Romaine Salad Broccoli Potato Salad Mixed Vegetables Cooked Cabbage Asparagus Rye Bread Cranberry Jello Wheat Bread Cherry Pie Raspberry Bar Down Cake Pilaf Down Cake Banana Cake Banana Cake Berry Mix  SUPPER Sandwich On Bun Shrimp Salad Mixed Greens Banana Corn Peaches Deviled Eggs Ice Cream Sundae Jello W Ceram Sundae Ice Cream Bar Watermelon Tapioca Pudding Fruit Salad	Choice of Toast	Toast	Egg Bake	Choice of Toast	Syrup	Toast	Choice of Toast
DINNER  Roast Pork Roast Beef Baked Haddock Chicken Ala King over Noodles Lemon/Tartar Sauce Stuffing/Gravy  Gravy Whole Potatoes Brussel Sprouts Romaine Salad Broccoli Potato Salad Mixed Vegetables  Cooked Cabbage Asparagus Rye Bread Cranberry Jello Wheat Bread Cole Slaw Cranberry Jello  Wheat Bread Wheat Bread Pineapple Upside Fresh Fruit Salad Blueberry Cobbler Rye Bread Wheat Bread Cherry Pie Raspberry Bar Down Cake  SUPPER Salad Salad Wheat Bread Cherry Mix  SUPPER Sup	Peanut Butter	Banana	Toast	Peanut Butter	Bacon	Bacon	Peanut Butter
Roast Pork Mashed Potatoes Gravy Gravy Whole Potatoes Whole Potatoes Cooked Cabbage Wheat Bread Cherry Pie Raspberry Bar  Supper Supper Scalloped Potatoes Wy Pickles & Onions Broccoli Broccoli Romaine Salad Cranberry Jello Fresh Fruit Salad Supper	Banana		Raspberries	Banana	Blueberries	Banana	Raspberries
Mashed Potatoes Gravy Whole Potatoes Brussel Sprouts Rye Bread Wheat Bread Cherry Pie  SUPPER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Gravy Whole Potatoes Brussel Sprouts Romaine Salad Broccoli Potato Salad Mixed Vegetables Cooked Cabbage Asparagus Rye Bread Cranberry Jello Wheat Bread Wheat Bread Wheat Bread Pineapple Upside Cherry Pie Raspberry Bar Down Cake SUPPER SUPPER SUPPER SUPPER SUPPER SUPPER SUPPER SUPPER Supper W/ Ham W/ Pickles & Onions Broccoli Baked Beans Roll Whole Seanana Cake Beans Roll Whole Seanana Cake Broccoli Baked Beans Roll Whole Seanana Cake Broccoli Banana Cake Rive Bread Wheat Bread Blueberry Cobbler Rye Bread Wheat Bread Berry Mix  SUPPER	Roast Pork	Roast Beef	Baked Haddock	Chicken Ala King	Swedish Meatballs	Perch	Roast Turkey
Cooked Cabbage Asparagus Rye Bread Cranberry Jello Wheat Bread Cole Slaw Wheat Bread Wheat Bread Pineapple Upside Pineapple Upside Cherry Pie Raspberry Bar Down Cake SUPPER SUPP	Mashed Potatoes	Parslied/Buttered	Rice Pilaf	on a Biscuit	over Noodles	Lemon/Tartar Sauce	Stuffing/Gravy
Wheat Bread Cherry Pie Raspberry Bar Pineapple Upside Down Cake Fresh Fruit Salad Blueberry Cobbler Rye Bread Banana Cake Berry Mix  SUPPER SU	Gravy	Whole Potatoes	Brussel Sprouts	Romaine Salad	Broccoli	Potato Salad	Mixed Vegetables
Cherry Pie Raspberry Bar Down Cake Banana Cake Berry Mix  SUPPER SUPPER SUPPER SUPPER SUPPER SUPPER SUPPER SUPPER Scalloped Potatoes BBq Chicken Slider W/ Potato Beef Casserole W/ Ham W/ Pickles & Onions Green Beans On a Hoagie Sandwich on Bun Shrimp Salad Mixed Greens Broccoli Baked Beans Roll W/ Cheese Carrot Stix On Lettuce Leaf Fruit Mix Pineapple Cup Cantaloupe Banana Corn Peaches Deviled Eggs Ice Cream Sundae Jello w/ Topping Cookie Ice Cream Bar Watermelon Tapioca Pudding Fruit Salad	Cooked Cabbage	Asparagus	Rye Bread	Cranberry Jello	Wheat Bread	Cole Slaw	Cranberry Jello
SUPPER SU	Wheat Bread	Wheat Bread	Pineapple Upside	Fresh Fruit Salad	Blueberry Cobbler	Rye Bread	Wheat Bread
Scalloped Potatoes BBq Chicken Slider Potato Beef Casserole Philly Beef Sandwich Turkey BLT Vegetable Soup Pizza  w/ Ham w/ Pickles & Onions Green Beans on a Hoagie Sandwich on Bun Shrimp Salad Mixed Greens  Broccoli Baked Beans Roll w/ Cheese Carrot Stix on Lettuce Leaf Fruit Mix  Pineapple Cup Cantaloupe Banana Corn Peaches Deviled Eggs Ice Cream Sundae  Jello w/ Topping Cookie Ice Cream Bar Watermelon Tapioca Pudding Fruit Salad	Cherry Pie	Raspberry Bar	Down Cake		**	Banana Cake	Berry Mix
w/ Ham w/ Pickles & Onions Green Beans on a Hoagie Sandwich on Bun Shrimp Salad Mixed Greens Broccoli Baked Beans Roll w/ Cheese Carrot Stix on Lettuce Leaf Fruit Mix Pineapple Cup Cantaloupe Banana Corn Peaches Deviled Eggs Ice Cream Sundae  Jello w/ Topping Cookie Ice Cream Bar Watermelon Tapioca Pudding Fruit Salad	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Broccoli Baked Beans Roll w/ Cheese Carrot Stix on Lettuce Leaf Fruit Mix Pineapple Cup Cantaloupe Banana Corn Peaches Deviled Eggs Ice Cream Sundae Jello w/ Topping Cookie Ice Cream Bar Watermelon Tapioca Pudding Fruit Salad	Scalloped Potatoes	BBq Chicken Slider	Potato Beef Casserole	Philly Beef Sandwich	Turkey BLT	Vegetable Soup	Pizza
Pineapple Cup Cantaloupe Banana Corn Peaches Deviled Eggs Ice Cream Sundae  Jello w/ Topping Cookie Ice Cream Bar Watermelon Tapioca Pudding Fruit Salad	w/ Ham	w/ Pickles & Onions	Green Beans	on a Hoagie	Sandwich on Bun	Shrimp Salad	Mixed Greens
Jello w/ Topping Cookie Ice Cream Bar Watermelon Tapioca Pudding Fruit Salad	Broccoli	Baked Beans	Roll	w/ Cheese	Carrot Stix	on Lettuce Leaf	Fruit Mix
	Pineapple Cup	Cantaloupe	Banana	Corn	Peaches	Deviled Eggs	Ice Cream Sundae
Vanilla Pudding Cookie	Jello w/ Topping	Cookie	Ice Cream Bar	Watermelon	Tapioca Pudding	Fruit Salad	1
				Vanilla Pudding		Cookie	

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!