

# Valley VNA Weekly Menu

Week of January 12, 2020

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 1/12/2020	Monday 1/13/2020	Tuesday 1/14/2020	Wednesday 1/15/2020	Thursday 1/16/2020	Friday 1/17/2020	Saturday 1/18/2020
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Hot or Cold Cereal Wheat Toast Banana	Pancakes Syrup Bacon Blueberries	Omelet Wheat Toast Banana	Hot or Cold Cereal Wheat Toast Raspberries	Scrambled Eggs Bacon Wheat Toast Banana	Denver Scrambled Eggs Wheat Toast Blueberries	Hot or Cold Cereal Wheat Toast Banana
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Pork Wings Mashed Potato w/ Gravy Carrots Wheat Bread Pound Cake w/ Strawberries & Topping	Baked Haddock Lemon/Tartar Sauce Baked Sweet Potatoes Mix Vegetables Rye Bread Fruit Mix	Chicken Meatballs Alfredo Broccoli Wheat Bread Pumpkin Whip	Beef Tenderloin Baked Potato/SC Corn Wheat Bread Peach Cobbler	Orange Cumin Chicken on Rice w/ Vegetables Egg Roll Boston Cream Pie	Perch Lemon/Tartar Sauce French Fries Cole Slaw Rye Bread Berry Mix	Roast Pork Mashed Potatoes w/ Gravy Asparagus Wheat Bread Apple Pie
<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>
Beef Stew Biscuits Peaches Oatmeal Bar	Mostaccioli Green Beans Garlic Bread Pineapple Sherbet	Philly Beef Slider Romaine Salad Cantaloupe Brownie	Egg Salad Sandwich on a Slammer Vegetable Macaroni Salad Strawberries Cookie	Pizza Burger on a Bun Romaine Salad Fruit Jello Mold Ice Cream	French Toast Syrup Bacon Fruit Salad Vanilla Pudding	Grilled Turkey w/ Ranch, Bacon & Cheese on Sour Dough Broccoli Salad Watermelon Cookie

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!