

Valley VNA Weekly Menu

Week of January 19, 2020

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday 1/19/2020	Monday 1/20/2020	Tuesday 1/21/2020	Wednesday 1/22/2020	Thursday 1/23/2020	Friday 1/24/2020	Saturday 1/25/2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal Wheat Toast Banana	Scrambled Eggs Bacon Wheat Toast Banana	Waffle Syrup Bacon Blueberries	Hot or Cold Cereal Wheat Toast Banana	Scrambled Eggs Bacon Wheat Toast Donut Raspberries	Pancakes Syrup Bacon Blueberries	Hot or Cold Cereal Wheat Toast Banana
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef Mashed Potatoes w/ Gravy Corn Wheat Bread Orange Sherbet w/ Raspberries	Apricot Chicken Baked Potatoes/SC Green Bean Casserole Wheat Bread Ice Cream Sundae	Pork Chops Mashed Potatoes w/ Gravy Cauliflower w/ Cheese Sauce Wheat Bread Cherry Pie	Meatloaf Macaroni & Cheese Peas & Carrots Wheat Bread Strawberries w/ Whip Topping	Roast Turkey Stuffing/Gravy Squash Wheat Bread Pumpkin Pie w/ Topping	Shrimp French Fries Cole Slaw Rye Bread Fruit Cup	Lasagna Romaine Salad Garlic Bread Orange Cake
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Cheese Omelet O'Brien Potatoes Oranges White Cake	French Onion Burger on a Bun Baked Beans Pears Chocolate Pudding	Stuffed Green Pepper Soup Ham Sandwich Slaw Banana Cookie	Cream of Chicken Soup Tuna Salad Sandwich on Wheat Bread BLT Salad Pineapple Jello w/ Topping	Chili Corn Muffin Cottage Cheese w/ Peaches Cookie	Chicken Noodle Soup Grilled Cheese Sandwich Fruit Salad PB Krispy Bar	BBq Chicken Slider Carrots Tropical Fruit Mix Blondie Bar

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice!