Valley VNA Weekly Menu

Week of March 1, 2020

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Street - Inches		- 100 M - 200			Wards and community to	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3/1/2020	3/2/2020	3/3/2020	3/4/2020	3/5/2020	3/6/2020	3/7/2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Hot or Cold Cereal	Scrambled Eggs	French Toast	Hot or Cold Cereal	Scrambled Eggs	Pancakes	Hot or Cold Cereal
Wheat Toast	Ham Patty	Syrup	Wheat Toast	Bacon	Syrup	Donut Holes
Banana	Wheat Toast	Bacon	Cinnamon Muffin	Wheat Bread	Bacon	Oranges
	Banana	Blueberries	Banana	Fresh Fruit Mix	Raspberries	
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Beef	Chicken Stir Fry	Hamloaf	Beef Short Ribs	Chicken Italian	Potato Crunch Fish	Pork Wings
Mashed Potatoes	w/ Vegetables	Scalloped Potatoes	Buttered Pasta	Baked Potato/SC	Lemon/Tartar Sauce	Mashed Potatoes
Gravy	on Rice	Romaine Salad	Diced Tomatoes	Green Beans	Rice Pilaf	Gravy
Carrots	Egg Roll	Wheat Bread	Wheat Bread	Wheat Bread	Asparagus	Carrots
Wheat Bread	Sherbet	Apple Pie	Fruit Salad	Blueberry Pie	Rye Bread	Wheat Bread
Chocolate Cherry Cake		3004	110.70 0000	*	Fruit Salad	Oreo Fluff
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
BBq Pork on	Hamburger	Cream of Chicken Soup	Turkey Tettrazini	Beef Potato Casserole	Chili	Chicken Drumstick
Hawaiian Bun Slider	on a Bun	Egg Salad Sandwich	Broccoli	Roll	Grilled Cheese Sandwich	Green Beans
Cole Slaw	Ketchup/Mustard/Pickles	on Wheat Bread	Watermelon	Oranges	Fruit Salad	Cranberry Jello
Pineapple	Baked Beans	Cantaloupe	Ice Cream	Chocolate Chip Bar	Cookie	Strawberries
Doodle Bar	Strawberries	Cookie				Banana Cake
	Chocolate Pudding					

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice.