Valley VNA Weekly Menu

Week of July 26, 2020

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7/26/2020	7/27/2020	7/28/2020	7/29/2020	7/30/2020	7/31/2020	8/1/2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Hot or Cold Cereal	Scrambled Eggs	Pancakes	Hot or Cold Cereal	French Toast	Omelets	Hot or Cold Cereal
Wheat Toast	Bacon	w/ Strawberries &	Wheat Toast	Syrup	Wheat Toast	Wheat Toast
Banana	Wheat Toast	Syrup	Cranberry Orange Muffin	Sausage	Oranges	Banana
	Blueberries	Sausage	Banana	Raspberries		
		Banana		*		
		=ally/cay/Hz				
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Pork Chops	Baked Cod	Ham Meatballs	Meatloaf	Spaghetti	Crab Pasta Alfredo	Roast Turkey
Baked Potato/SC	Lemon/Tartar Sauce	Rice Pilaf	Gravy	w/ Meat Marinara	Asparagus	Dressing
Carrots	Baked Sweet Potatoes	Mixed Vegetables	Mashed Potatoes	Romaine Salad	Rye Bread	Gravy
Wheat Bread	Broccoli	Wheat Bread	Corn	Garlic Bread	Fruit Salad	Beets
Apple Pie	Rye Bread	Banana Cake	Wheat Bread	Cooks Choice Bar		Wheat Bread
	Fruit Salad		Sherbet			Ice Cream
					st	
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Macaroni and Cheese	Grilled Tuna Melt	Chicken Waldorf Salad	BBq Pork Sandwich	Ham Sandwich	Salmon Salad	Hot Beef Sandwich
Strawberries &	on Rye	seved on Lettuce Leaf	on a Bun	on a Bun	on Rye	on a Bun
Topping	Cucumber Salad	Deviled Eggs	Cauliflower Salad	Cheese & Pea Salad	w/ Tomatoes & Lettuce	Carrot/Raisin Salad
Cookie	Peaches	Watermelon	Applesauce	Mango	Celery Sticks	Fruit Cocktail
	Vanilla Pudding	Chocolate Chip Bar	Cookie	Chocolate Cake	Cantaloupe	Jello w/ Topping
					Oatmeal Bar	
				9	eq.	8)

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice.