Valley VNA Weekly Menu

Week of July 5, 2020

FEEL FREE TO ASK FOR SUBSTITUTE OF SANDWICH & SOUP OR SALAD & SOUP IF NOT SATISFIED WITH MEAL OFFERED

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7/5/2020	7/6/2020	7/7/2020	7/8/2020	7/9/2020	7/10/2020	7/11/2020
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Hot or Cold Cereal	Scrambled Eggs	Hard Boiled Eggs	Hot or Cold Cereal	Cheese Omelet	Pancakes	Hot or Cold Cereal
Wheat Toast	Bacon	Sausage	Wheat Toast	Wheat Toast	Syrup	Wheat Toast
Banana	Wheat Toast	Wheat Toast	Blueberry Muffin	Mixed Fruit	Bacon	Banana
	Raspberries	Banana	Banana		Blueberries	
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Roast Turkey	Stuffed Peppers	Roast Beef	Pork Chops	Chicken Alfredo	Perch	Grilled Roast Beef
Mashed Potatoes	Baked Potatoes	Seasoned, Sliced,	Buttered Rice Pilaf	w/ Vegetables	Lemon/Tartar Sauce	w/ Cheese
Gravy	Romaine Salad	Potatoes	Corn	Garlic Bread	Potato Salad	Cucumber Salad
Cauliflower	Corn Muffin	Broccoli	Wheat Bread	Fresh Fruit Salad	Cole Slaw	Grapes
w/ Cheese Sauce	Ice Cream	Wheat Bread	Marble Cake		Rye Bread	Key Lime Pie
Roll		Apricot Fruit Salad			Lemon Bar	16907
Apple Pie						
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Bratwurst	Tomato Soup	French Toast	Crab Salad	Ham Salad	Hot Dog	Chicken Drumsticks
on a Bun	Grilled Cheese Sandwich	Syrup	on a Lettuce Leaf	on a Hawaiian Bun	on a Bun	Mashed Potatoes
Snack Bag	Fruit Salad	Sausage	Croissant Roll	Broccoli Salad	Baked Beans	Gravy
Watermelon	Jello w/ Topping	Mixed Berries	Pea & Cheese Salad	Melon Mix	Snack Bag	Cranberry Jello
Chocolate Chip Bar	P(200) 1) H	Vanilla Pudding	Strawberries	Sherbet	Fruit Salad	Mandarin Oranges
			Cookie		Cookie	Cherry Chip Cake

ALL MEALS SERVED WITH BEVERAGES.

Menu subject to change without notice.